The 2nd Annual Stepping Forward — Leading the Way
A Comprehensive Foot and Ankle Conference Providing a Platform for the Women of Podiatry
PRESENTED BY THE PODIATRY INSTITUTE

HILTON HEAD
June 20-23
Footprints in the Sand with South Carolina Podiatric Medical Assn.

PORTLAND MAINE
July 25-28
Atlantic Coast Conference

PORTLAND OREGON
August 15-18
Pacific Coast Conference with Oregon Podiatric Medical Assn.

OVERLAND PARK
September 13-15
Foot & Reconstruction with Kansas Podiatric Medical Assn.

SAN DIEGO
September 19-22
UPDATE 2019 with San Diego Podiatric Medical Society

SANIBEL
November 7-10
Hallux Valgus & Related Forefoot

CHICAGO
December 6-8
Windy City Conference with Illinois Podiatric Medical Assn.

Corporate Sponsors
Special thanks to our 2019 Corporate Sponsors for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

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Silver
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About Your Host
The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it advisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited.

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ATLANTA
MAY 16-19
LOEWS ATLANTA HOTEL
Atlanta, Georgia

This is a PICA approved risk management seminar.
ATLANTA Attractions

Fun for All Ages

Atlanta Botanical Garden is where wonder is ever-changing. Enjoy the Canopy Walk, a 40-foot high suspension bridge that creates a treetop walking trail, and the Edible Garden and Outdoor Kitchen. 404.876.5859 www.atlantabg.org

Atlantic Station offers great boutiques, sidewalk cafes, hip restaurants and a 18-screen IMAX® theater. 404.410.4010 atlanticstation.com

Centennial Olympic Park features the Fountain of Rings, one of the most recognized and photographic landmarks in Georgia. 404.223.4000 www.centennialpark.com

Center for Puppetry Arts, a magical place where children and adults are educated, enlightened and entertained, features the nation's largest interactive museum, workshops and enchanting performances for all ages. 404.873.3391 www.puppet.org

Georgia Aquarium is home to tens of thousands of animals swimming in over 10 million gallons of water. See them for yourself through some of the largest viewing windows in the world. Book in advance! 404.381.4000 georgiaaquarium.org

High Museum of Art is the leading art museum in the Southeastern U.S. with more than 15,000 works of art in its permanent collection. 404.733.4400 www.high.org

Margaret Mitchell House & Museum features the furnished apartment where Mitchell lived and wrote her Pulitzer-Prize winning book, Gone With the Wind. 404.249.7015 www.margaretmitchellhouse.com

Six Flags Over Georgia features thrill rides, shows and attractions. Six Flags White Water is the largest waterpark in the South. 770.739.3400 www.sixflags.com/overgeorgia

SkyView Atlanta Towering nearly 20 stories above Centennial Park, the SkyView Ferris wheel features 42 climate-controlled gondolas providing breathtaking panoramic views. 678.949.9023 www.skyviewatlanta.com

Stone Mountain Park features the world's largest exposed granite rock with its Confederate carving; an 1870s town; Antebellum plantation; Sky Lift; Scenic Railroad; lasershow; The Jump, a free fall experience, and Sky Hike treetop adventure course. 800.401.2407 www.stonemountainpark.com

Underground Atlanta, the original streets of Atlanta, is over six blocks of shopping, dining and entertainment. www.undergroundatl.com

World of Coca-Cola features an 1880s soda fountain, a unique live-action bottling line, plus more than 100 beverages from around the world. 404.676.5151 www.worldofcoca-cola.com

Zoo Atlanta, located in historic Grant Park, features their famous pandas, in addition to other marvelous mammals, birds, reptiles and amphibians! 404.624.5600 www.zooatlanta.org

Educational

Atlanta History Center features the 1840s Tullie Smith Farm and the fully restored 1928 Swan House mansion. 404.814.4000 atlantahistorycenter.com

Atlanta Preservation Center, walking tours of The Fox Theatre and the historic neighborhoods of Downtown, Sweet Auburn/Martin Luther King Jr. District, Inman Park, Druid Hills, Grant Park, Ansley Park, Ponce de Leon and Midtown. 404.688.3353 www.preserveatlanta.com

Fernbank Museum of Natural History brings the world's largest dinosaurs to life, and explores global cultures. 404.929.6300 fernbankmuseum.org

Jimmy Carter Presidential Library & Museum is filled with interactive displays and fascinating exhibits. Step into the Oval Office or take a virtual trip with the Carters to fight disease around the world. 404.885.7100 www.jimmycarterlibrary.gov

Martin Luther King, Jr. National Historic Site Explore his birth home, historic Ebenezer Baptist Church, and The King Center, the largest repository of materials on Dr. King and the American Civil Rights Movement in the world. 404.331.5190 ext. 5046 www.nps.gov/malu and 404.526.8900 www.thekingcenter.org

Special Event

Marietta Greek Festival MAY 17-19 Enjoy Greek food, music, dancers in costume, and a crafts market. 770.924.8080 mariettagreekfestival.com

Visit www.atlanta.net and www.exploregeorgia.org for more attractions and activities!

Travel Discounts

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders
678.689.0176

(A $25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; $15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

LOEWS ATLANTA HOTEL

1065 Peachtree Street NE, Atlanta, GA 30309
877.872.0104 or 404.745.5000 (mention The Podiatry Institute for special rate)

Loews Atlanta is situated right in the heart of Midtown, near Piedmont Park. Offering a prime location among luxury hotels in Atlanta, this hotel provides access to some of the best attractions in the city. Enjoy Saltwood, specializing in charcuterie and cheese, along with small plates, and exhale Spa, which offers signature treatments and fitness classes.

Rate: $209 (plus tax, subject to change without notice)

*Register online via the ink on the Atlanta seminar page at www.podiatryinstitute.com.

A block of rooms has been reserved and will be held until it is full or April 15, 2019, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).
Conference Objectives

At the conclusion of the conference, the participant should be able to:

**Trauma:** The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

**Forefoot:** The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

**Hallux Valgus:** The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

**Diabetic Foot:** The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

**Heel and Hindfoot:** The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

**Medicine & Topics of Interest:** The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.

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Thursday May 16

1:30 PM REGISTRATION AND VISIT VENDORS
1:55 PM WELCOME AND INTRODUCTIONS
2:00 PM PEDIATRICS
   - My Infant has........
   - Juvenile HAV
   - Talonavicular Arthrodesis for Pediatric Pes Planovalgus
   - Ponseti Approach to Clubfoot
   - Pediatric Ankle Sprains
   - Question & Answer

3:50 PM REFRESHMENT BREAK — VISIT VENDORS AND GRAB A SNACK
4:20 PM INFECTION & WOUND MANAGEMENT
   - Multidisciplinary Approach Between Podiatry, Vascular Surgery, and Infectious Disease
   - Topical Antibiotics Use in Wound Healing: Where is the Evidence?
   - Amputation Prevention in the Veteran Population
   - Current Update and Treatment in Diabetic Foot Infections
   - Outcomes of the Total and Partial Calcanectomy
   - Debridement: The Untold Story
   - Question & Answer

6:30 PM RECEPTION WITH WINE AND HORS D’OEUVRES
7:30 PM THURSDAY SESSION ADJOURNS
FRIDAY
May 17

7:00 AM  BREAKFAST, VISIT VENDORS, AND NETWORK

7:30 AM  MEDICINE FOR THE SURGEON
I Got Stuck by an HIV Needle, Now What?
Surgical Approach to Melanoma
Nail Unit Tumors
Soft Tissue Mass Excisions
Revisiting Autogenous Skin Grafting
Nerve Entrapments and Surgical Treatments
An Algorithmic Approach to Peripheral Nerve Surgery
Postoperative Scars
Question & Answer

10:15 AM  REFRESHERMENT BREAK — VISIT VENDORS AND GRAB A SNACK

10:45 AM  WORKSHOPS

NOTE: YOU MUST TAKE THE ONE 2-HOUR WORKSHOP OR TWO OF THE 1-HOUR WORKSHOPS. THERE WILL BE A SIGN-UP SHEET IN EACH WORKSHOP PER ROTATION.
Hands-on workshops featuring latest techniques and technologies, including:

2019 Podiatric Dermatology Update – “Hands-On” Biopsy Workshop

WORKSHOP ROTATION ONE: 10:45 AM – 11:45 AM
WORKSHOP ROTATION TWO: 11:45 AM – 12:45 PM

12:45 PM  VISIT VENDORS, THEN GET LUNCH AND A SEAT FOR THE ROUNDTABLE DISCUSSION

1:00 PM  ROUNDTABLE DISCUSSION
We really CAN do it all!! How to manage and balance life/family/work/spiritual…tips/quips and pearls

2:00 PM  GET DESSERT IN THE EXHIBIT HALL AND RETURN TO THE LECTURE HALL

2:15 PM  FOREFOOT PATHOLOGY
Digital Mucous Cysts
Lesser Toe Surgery
Metatarsal Procedures for Hammertoes
Desyndactylization of Digits
Subungal Exostosis
1st MTPJ Arthrodesis for Hallux Valgus
Question & Answer

4:25 PM  REFRESHERMENT BREAK — VISIT VENDORS AND GRAB A SNACK

4:55 PM  REARFOOT AND ANKLE
Supine Gastrocnemius Recession
Flexible Flatfoot Reconstruction
The World of Coalitions
Lateral Ankle Instability
Peroneal Tendon Disorders: Pre-op and Intra-op Decision Making
TAR Basics
Ankle End Stage Osteoarthritis: To Fuse or Defuse
Question & Answer

7:30 PM  DINNER, FOLLOWED BY A FIRESID DISCUSSION
OF COMPLICATIONS
Participants are encouraged to bring in challenging cases.

9:15 PM  FRIDAY SESSION ADJOURSNS

SATURDAY
May 18

7:00 AM  BREAKFAST, VISIT VENDORS, AND NETWORK

7:30 AM  TRAUMA
Lisfranc Dislocation Fracture: When to Fuse?
Peronoues Longus Tendon Ruptures
Achilles Tendinopathy/Rupture/Retrocalcaneal Exostosis
Achilles Tendon Rupture: To Repair or Despair
Ankle Sprains
Transitional Ankle Fractures
Question & Answer

9:45 AM  REFRESHERMENT BREAK — VISIT VENDORS AND GRAB A SNACK

10:15 AM  RISK MANAGEMENT SESSION
Amputations: It Can Happen to Anyone
What Happens When You Get Sued
Dermatology Photo Challenge

12:00 PM  VISIT VENDORS AND THEN GRAB LUNCH AND A SEAT FOR THE ROUNDTABLE DISCUSSION

12:30 PM  ROUNDTABLE DISCUSSION
Practice Management: Tips from the Trenches
Marybeth Crane, DPM

1:30 PM  GET DESSERT IN THE EXHIBIT HALL AND RETURN TO THE LECTURE HALL

2:00 PM  MEDICINE AND BEYOND
Mental Health and Skin Conditions
Renal Osteodystrophy
Skin of Color Considerations
CRPS
Do Natural Therapies Work for Skin and Nails?
Gout: Fact and Fictions
Guidelines for Psoriasis Treatment
Question & Answer

5:00 PM  SATURDAY SESSION ADJOURSNS

SUNDAY
May 19

7:00 AM  BREAKFAST

7:30 AM  CURRENT REGULATIONS FOR NATURAL Prescribing

8:30 AM  DIABETES AND CHARCOT
Offloading Comparisons for the Diabetic Foot
Metatarsal Resections for Diabetic Foot Ulcers
Preventative Strategies to Minimize Recidivism of DFU’s
Peri-operative Management of the Diabetic Patient
Question & Answer

10:00 AM  MORNING STRETCH

10:15 AM  TOPICS OF INTEREST
The Podiatric Medical Profession: A Gender Comparison
Dancing en Pointe
Posterior Heel Pain
Bipolar Radiofrequency Coblation
Question & Answer

12:00 PM  CONFERENCE ADJOURSNS

TENTATIVE PROGRAM, SUBJECT TO CHANGE WITHOUT NOTICE
ATLANTA REGISTRATION

- $540 on or before 4/4/19
- $590 on 4/5/19 through 5/2/19
- $690 after 5/2/19 or at the door
- $315 Retired Podiatrists or Active Military
- $95* Residents with letter from Residency Director

*DOES NOT APPLY TO CADEVER WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.

Special Seminar Rate for APMA Young Members. Call 888.833.5682.

- Food functions are open to registered attendees only.
  - Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 2 lunches, 5 breaks, 1 reception and 1 dinner.

  - # of ADULTS ($200 EACH)
  - # OF CHILDREN 12 UNDER ($100 EACH)

$ ____________________
ATLANTA TOTAL

PLEASE PRINT CLEARLY

Name _____________________________
Address _____________________________
City _____________________________ State _________ Zip __________
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(YOU MUST PROVIDE EMAIL ADDRESS TO RECEIVE CONFIRMATION AND CME CERTIFICATE)

IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION, PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.

MAKE CHECKS PAYABLE TO: The Podiatry Institute

Card # _____________________________ Exp. Date _____________

Signature _____________________________ Date _____________

REGISTER FOR A 2019 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2019 SEMINAR

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS. DOES NOT APPLY TO EXHIBITOR REGISTRATION OR CADEVER SURGICAL SKILLS COURSES. CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a $75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a “certificate of transfer” will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.