Foot and Ankle Surgery: Building Blocks for Success

LITTLE ROCK
April 7-9

Joint Provider with
Arkansas Podiatric Medical Association
FRIDAY April 7

6:45 AM REGISTRATION
7:00 AM BREAKFAST WITH EXHIBITORS
7:15 AM WELCOME & INTRODUCTION
7:30 AM FOREFOOT SURGERY/COMMON TRAUMA

Moderator: Mickey D. Stapp, DPM

Hammer Digit Syndrome: An Evidence Based Approach
Instability of the Lesser MTPJs
Simplified Technique for Lesser MTPJ Repair
Metatarsal Head Resurfacing
Is There Growing Evidence for Immediate Surgical Repair of the Acute Ankle Sprain?

10:05 AM REFRESHMENT BREAK, VISIT EXHIBITORS
10:45 AM Jones Fracture: A Practical Guide
Overview of Lateral Ankle Pathology
Lisfranc Injuries: Confusion & Questions
Question & Answer
12:15 PM LUNCH

1:15 PM PLANTAR FASCIA AND POSTERIOR LEG

Moderator: Joe T. Southerland, DPM

Equinus Management for Improved Patient Outcomes
Achilles Tendinopathy
Retrocalcaneal Pain
Posterior Heel Spur
Conservative Care of Achilles Tendinopathy
Please Stop Cutting the Plantar Fascia

3:40 PM REFRESHMENT BREAK, VISIT EXHIBITORS
4:00 PM Plantar Fasciitis: Beyond Cortisone
Recalcitrant Heel Pain: Is It the Nerve?
ESRD and the Podiatric Patient: What Are the Implications
Question & Answer

5:20 PM FRIDAY SESSION ADJOURNS

CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

- Understand the various midfoot and heel conditions presented and understand the differential diagnosis and treatment options available.
- Understand the various surgical options presented for the forefoot with an emphasis on challenges and avoiding complications.
- Understand the various surgical options presented for the first ray with an emphasis on challenges and avoiding complications.
- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the modalities available and surgical approaches to complications and revisional surgery.
- Understand the perioperative considerations of the conditions presented.

SATURDAY April 8

7:00 AM BREAKFAST WITH EXHIBITORS
7:30 AM THE DIABETIC FOOT/RRA

Moderator: Michael C. McGlamry, DPM
Diabetic Neuropathic Foot Ulcers: An Evidence Based Approach
GPS for Diabetic Foot Ulcers
Explaining Charcot to Our Patients
Charcot: Lookin Back—The Good, The Bad and The Ugly

9:30 AM REFRESHMENT BREAK, VISIT EXHIBITORS
9:45 AM Stem Cell Allograft in RRA Surgery
Brostrom with Augmentation
STJ Distraction Arthrodesis
Questions & Answers

11:05 AM WORKSHOPS ATTENDANCE REQUIRED

Various hands-on workshops featuring latest techniques and technologies

WORKSHOP ROTATION ONE: 11:05 AM – 12:00 PM
WORKSHOP ROTATION TWO: 12:05 PM – 1:00 PM

1:00 PM LUNCH & LEARN:

PICA RISK MANAGEMENT SESSION

The Podiatrist’s Role in Pain Management
This presentation will look at the role of the podiatric physician in treatment of acute and chronic pain. The presentation will review appropriate prescribing habits and documentation as well as adjunct therapies and medication; benefits to the podiatric physician and patient in referral to chronic pain specialist; what may the DPM be missing when prescribing chronic narcotics; are we qualified to manage chronic pain and do you really want that responsibility. Finally we will look at the CME requirements for pain management for DPMs and attempt to fill this educational requirement.

2:30 PM THE FIRST RAY

Moderator: Aprajita Nakra, DPM
HAV Algorithm
K-Wire Fixation of the Austin
Austin Technique
The Death of the Austin
Weight Bearing CT Gives New Insight into Selection of Surgical Procedures for Adult Acquired Flatfoot

4:20 PM REFRESHMENT BREAK, VISIT EXHIBITORS
4:35 PM The Role of the Crecentic Ostetomy
Early Weight Bearing on the CBWO
Hallux Limitus
First MTPJ Fusion: Plate Fixation
Frontal Plane Correction of HAV:
Is There Any Merit to This Procedure?
Question & Answer

6:20 PM SATURDAY SESSION ADJOURNS
The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 20.0 continuing education contact hours.

TOP LITTLE ROCK ATTRACTIONS

- The William J. Clinton Presidential Center and Park is located on 29 beautiful acres with walking trails, the Clinton Foundation and the Clinton School of Public Service. www.clintonlibrary.gov
- The River Market District stands as an unofficial cultural center in Little Rock. On any given day you’ll find a wealth of cuisine from every part of the globe, skilled artists practicing their crafts and live music. www.rivermarket.info
- Experience Heifer International / Heifer Village, home to interactive exhibits that provide a stimulating and challenging educational experience for people of all ages. www.heifer.org
- Tour downtown museums, including Arkansas Arts Center, Historic Arkansas Museum, Museum of Discovery, and Old State House Museum.
- Take in MacArthur Park with it’s Museum of Arkansas Military History, Arkansas Korean War Veterans Memorial, trails, fishing ponds and sports courts. www.macarthurparklr.com
- The historic Quapaw Quarter encompasses Little Rock’s oldest and most historic areas, including 35 National Register Historic Districts, Little Rock Central High School, Arkansas Governor’s Mansion, Arkansas State Capitol, MacArthur Park. www.quapaw.com
- The Mosaic Templars Cultural Center invites you to explore Arkansas’ African American history, life and culture. www.mosaictemplarscenter.com
- The Little Rock Central High School is recognized for the role it played in the desegregation of public schools in the US. www.nps.gov/chsc/
- Enjoy the golf course at War Memorial Park. Other amenities include the Little Rock Zoo and Jim Dailey Fitness & Aquatic Center.
- The Arkansas River Trail system is a tribute to outdoor recreation, conservation and wellness. arkansasrivertrail.org
- Activities at Pinnacle Mountain State Park include hiking trails, mountain bike trails, horseback riding concession, canoe and kayak rentals and floats, barge tours, paddle boats, technical rock climbing, fishing and more. www.arkansasstateparks.com/pinnaclemountain

More information about area attractions is available at www.littlerock.com

HOTEL ACCOMMODATIONS

Friendly and inviting, the Doubletree Hotel Little Rock is located in historic downtown Little Rock. Begin your stay with their signature chocolate chip cookie and allow their staff to cater to your needs.

Newly-redesigned and spacious guest rooms provide the most requested amenities. The Plaza Grille and Bar is the go-to spot—morning, noon and night. There’s also a fitness center and an outdoor pool.

A block of rooms has been reserved and will be held until it is full or March 6, 2017, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (plus tax, subject to change without notice)

Sgl/Dbl Room: $119 (plus tax, subject to change without notice)

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders 678.689.0176

(A $25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; $15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.
LITTLE ROCK

- $490 on or before 2/24/17
- $540 on 2/25/17 through 3/23/17
- $590 after 3/23/17 or at the door
- $265 Retired Podiatrists or Active Military
- $65* Residents with letter from Residency Director
- Special Seminar Rate for APMA Young Members. Call 888.833.5682.

Food functions are open to registered attendees only. Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 2 lunches and 5 breaks.

- # OF ADULTS ($200 EACH)
- # OF CHILDREN 12 & UNDER ($100 EACH)

$\text{LITTLE ROCK TOTAL}\$

*DOES NOT APPLY TO CADAVER WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.

CHOOSE ONE OF FOUR EASY WAYS TO REGISTER

ONLINE
(Little Rock BEFORE 3/23/17)
www.podiatryinstitute.com

PHONE
888.833.5682 or 770.939.0393

FAX
404.508.8539

MAIL
The Podiatry Institute
2675 N Decatur Rd, Ste 309
Decatur, GA 30033-6132

PLEASE PRINT CLEARLY

Name ____________________________________________________________
Address ____________________________________________________________________________
City _____________________________________ State _______  Zip ________________________
Phone ________________________________  First Name for Name Tag _____________________

PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

Email ________________________________________________________________________________________________

(REQUIRED FOR CONFIRMATION)

MAKE CHECKS PAYABLE TO: The Podiatry Institute  OR USE  M/C  VISA  AX  DISC

Card # ___________________________________________ Exp. Date ________________  MM/YY

Signature _____________________________________ Date________________________

REGISTER FOR A 2017 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2017 SEMINAR

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS.
DOES NOT APPLY TO EXHIBITOR REGISTRATION, CADAVER SURGICAL SKILLS COURSES OR THE COMPLETE TOTAL ANKLE COURSE. CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a $50 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.