Surgical Pearls by the Sea: Current Trends in the Management of Foot, Ankle & Leg Disorders

Joint Provider with
RHODE ISLAND PODIATRIC MEDICAL ASSOCIATION

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

Rhode Island Podiatric Medical Association is a non-profit corporation organized exclusively for the purpose of promoting the art and science of podiatric medicine and surgery among and on behalf of doctors of podiatric medicine licensed in the State of Rhode Island. The RIPMA is an organization affiliated with the American Podiatric Medical Association. For more information, please visit www.rifootdoctors.com.

LITTLE ROCK
April 7-9
Foot and Ankle Surgery
with Arkansas Podiatric Medical Assn.

NEWPORT
May 4-7
Surgical Pearls by the Sea
with Rhode Island Podiatric Medical Assn.

ATLANTA
May 18-21
UPDATE 2017
Reconstructive Surgery of Foot & Ankle

HILTON HEAD
June 22-25
Footprints in the Sand
with So. Carolina Podiatric Medical Assn.

BIG SKY
July 13-15
Big Sky Conference
with Montana Podiatric Medical Assn.

PORTLAND
August 3-6
Pacific Coast Conference
with Oregon Podiatric Medical Assn.

SAN DIEGO
September 14-17
UPDATE 2017
with San Diego Podiatric Medical Society

MID-ATLANTIC
October 6-8
Mid-Atlantic Conference
with Mid-Atlantic Podiatric Medical Assn.

BOSTON
October 20-22
APMA Region One Conference
with Region One Podiatry Assn.

SANIBEL
November 2-5
Hallux Valgus & Related Forefoot
The 27th Annual Sanibel Conference

CHICAGO
December 1-3
Windy City Podiatry Conference
with Illinois Podiatric Medical Assn.

PARK CITY
February 8-10
The 25th Annual Winter Conference
with Utah Podiatric Medical Assn.
Surgical Pearls by the Sea: Current Trends in the Management of Foot, Ankle & Leg Disorders

JOINT PROVIDER WITH
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NEWPORT MARRIOTT
NEWPORT, RHODE ISLAND

May 4-7
**NEWPORT RHODE ISLAND**

**Newport has evolved from a haven for religious dissenters, a prominent Colonial-era port and Gilded Age playground to a locale overflowing with art, culture, and history. Explore miles of unspoiled beaches, scenic trails, distinctive shops, renowned restaurants and world-class events in Newport, America’s First Resort.**

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**BY LAND**

**Bowen’s Wharf** Newport’s only historic waterfront shopping district with retail stores, galleries and eateries. 401.849.2243  www.bowenswharf.com

**Fort Adams** The largest coastal fortification in the US...the NASA of its day. See where the soldiers lived, enter the casemates, explore the tunnel system, and climb the bastions for breathtaking views. 401.841.0907  www.fortadams.org

**Ghost Tours of Newport** Take a lantern-led stroll down historic shadowy lanes and discover ghosts, ghouls, and legends.  www.ghostsofnewport.com

**International Tennis Hall of Fame** Chronicles the rich history of tennis through interactive exhibits and popular memorabilia. 401.849.3990  www.tennisfame.com

**Museum of Newport History** Explore America’s best preserved colonial city through important furniture, art, silver, documents, and artifacts of daily life. 401.841.8770  www.newporthistory.org

**Museum of Yachting at IYRS** Named among the top ten sailing museums in the nation. 401.848.5777  www.iyrs.edu

**National Museum of American Illustration** Situated in Vernon Court, a Gilded-Age mansion, the NMAI focuses on original illustration artworks created for books, advertising and other print media. Featured artists include Norman Rockwell, Maxfield Parrish, Howard Pyle, NC Wyeth and more. 401.851.8949  www.americanillustration.org

**Newport & Narragansett Bay Railroad Co.** Step back in time dining aboard one of the trains or take a fun ride on the Ice Cream Train. 401.295.1103  www.trainsri.com

**Newport Grand Slots** Over 1,000 of the latest video slots and a simulcast theater. 401.849.5000  www.newportgrand.com

**Newport History Tours** A joint partnership of the Newport Historical Society and the Newport Restoration Foundation—two non-profits whose missions focus on celebrating Newport’s history—and recognized for presenting outstanding tours. 401.841.8770  www.newporthistorytours.org

**Newport Lighthouses** As beacons of safety in the infamous stormy seas of the Atlantic and rough waters of Narragansett Bay, many picturesque lighthouses throughout Newport can be toured.

**Newport Mansions** Explore 11 properties that represent more than 250 years of history. The Gilded Age Experience opens the door to The Breakers, Chateau-sur-Mer, The Elms, Marble House and Rosecliff. 401.847.1000  www.newportmansions.org

**Newport’s Old Quarter** Experience living history in galleries, shops, taverns, restaurants, and on the vibrant streets of this timeless neighborhood.  www.newporthistory.org/newports-old-quarter/

**Norman Bird Sanctuary** This wildlife refuge has over seven miles of hiking trails and a variety of education programs for all ages. Enjoy a leisurely stroll or a hike to the top of Hanging Rock for breathtaking views of the ocean and surrounding areas. 401.846.2577  www.normanbirdsanctuary.org

**Ten Mile Drive** This driving tour combines the history of a wealthy summer community with fabulous parks and miles of shoreline.  www.oceanrivernewport.com

**Thames Glass** Experience glassblowing and make your own ornament, paperweight or vase (that is yours to keep!) with lots of help from an experienced glassblower. 401.846.0576  www.thamesglass.com

**Touro Synagogue** Public tours let you delight in its magnificent architecture and hear its remarkable and inspiring story. 401.847.4794  www.tourosynagogue.org

**Waterfront Walks** Cliffwalk, along the eastern shore, combines natural beauty with the architecture of the gilded age (www.cliffwalk.com). Harborwalk is in two segments on the north-western shore: North/ The Point for the original colonial center and South/Main Harbor with boating and entertainment (www.newportharborwalk.com).

**Wine Tastings/Tours** Greenvale Vineyards is on a 19th-century Victorian farm in Portsmouth. (401.847.3777  greenvale.com) Newport Vineyards is just 10 minutes from downtown Newport. (401.848.5161  newportvineyards.com)

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**BY SEA OR AIR**

**Adirondack Sailing Cruises** See stately bayside mansions, a 19th-century military fort and beautiful old lighthouses. 401.874.0000  www.sail-newport.com

**Adventure Water Sports** Boat rentals and charters to see Narragansett Bay. 401.849.4820  www.newportwaterports.com

**Bird’s Eye View Helicopters** The ONLY way to see Newport! Fly over the mansions, majestic Castle Hill, Rose Island lighthouse, and the USS Forrestal and Saratoga. 401.843.8687  www.riaerials.com

**Classic Cruises of Newport** Cruise 19th-century style aboard a Bermuda rig schooner, the 72-foot Madeleine. High speed motor yacht tours on the classic speedboat Rum Runner II evoke the intrigue and luxury of her smuggling days along the waterfront. 401.847.0298  www.cruisenewport.com

**Sightsailing of Newport** Help raise sails or sit back and relax on the Schooner Aquidneck as you sail Narragansett Bay and along the shoreline of Ocean Drive. 401.849.3333  www.sightsailing.com

More information about area attractions is available at  www.discovernewport.org and  www.cityofnewport.com/visitors/tourism
12:50 PM WELCOME / INTRODUCTIONS

1:00 PM THE FOREFOOT AT THE FOREFRONT
Moderator: David J. Caldarella, DPM FACFAS
Sesamoid Injuries: When To Take Them Out?
Neuroma Surgery
Lesser MTPJ Repair
Second MTPJ Arthroscopy with Capsular Shrinkage
Lapidus Arthrodesis: Ingredients for Successful Outcomes
Standardized Approach to Salvage First MTPJ Arthrodesis
Question & Answer

3:45 PM REFRESHMENT BREAK, VISIT EXHIBITORS

4:30 PM Ultrasound in the Office
Osteotomy Planning in Foot and Ankle Surgery
Weight-Bearing CT
Question & Answer

6:30 PM THURSDAY SESSION ADJOURNS

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Ortho Rhode Island, Providence, RI

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Rhode Island Foot Care, Riverside, RI

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Private Practice, Atlanta, GA
Eugene D. Timpano, DPM
Private Practice, Cinnaminson, NJ
Robert B. Weinstein, DPM
Private Practice, Fayetteville, GA

INVITED SPECIAL GUEST SPEAKERS
Wayne L. Bakotic, DPM, DO
Dermatopathologist, Bako Integrated Physician Solutions, Alpharetta, GA
Edmund T. DosRemedios, DPM
Private Practice, Providence, RI
Peter T. Evangelista, MD
Assistant Professor, Director of Diagnostic Imaging, The Warren Alpert School of Medicine at Brown University, Providence, RI
Lewis H. Freed, DPM
Private Practice, Mesa, AZ
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Private Practice, Silver Spring, MD
Melissa M. Gaitanis, MD
Assistant Professor of Internal Medicine, The Warren Alpert School of Medicine, Brown University, Providence Veterans Affairs Medical Center, Providence, RI
Paul Liu, MD
Chairman, Professor - Dept. of Plastic Surgery, Rhode Island Hospital, The Warren Alpert School of Medicine, Brown University, Director, Wound Care Center, Rhode Island Hospital, Past President, Wound Healing Society, Providence, RI
Caitlyn Madden-Mahan, DPM
Private Practice, Rockville, MD
Anthony P. Mechrefe, MD
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Robert B. Patterson, MD FACS
President, New England Vascular Society, Professor of Surgery, The Warren Alpert School of Medicine, Brown University, The Miriam Hospital, Providence, RI
Aldo González-Serva, MD
Dermatopathologist, Quantum Pathology, Waltham, MA

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker’s bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 25.0 continuing education contact hours.
At the conclusion of the conference, the participant should be able to:

- Understand the various midfoot and heel conditions presented and understand the differential diagnosis and treatment options available.
- Understand the various surgical options presented for the forefoot with an emphasis on challenges and avoiding complications.
- Understand the various Surgical options presented for the first ray with an emphasis on challenges and avoiding complications.
- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the modalities available and surgical approaches to complications and revisional surgery.
- Understand the perioperative considerations of the conditions presented.

**CONFERENCE OBJECTIVES**

**SUNDAY MORNING PODIATIC POTPOURRI PART ONE**

Moderator: Michael C. McGlamery, DPM FACFAS

- CRPS and Use of Biofeedback
- Posterior Ankle Endoscopy
- Posterior Malleolar Fractures
- Current Concepts in Bone Plating
- Orthobiologic Adjuncts in Tendon Healing
- Orthobiologic Adjuncts in Bone Healing

10:00 AM REFRESHMENT BREAK

10:30 AM SUNDAY MORNING PODIATIC POTPOURRI PART TWO

Moderator: David J Caldarella, DPM FACFAS

- The Pregnant Podiatric Patient
- Antibiotic Prophylaxis: An Update
- Biopro Implant Arthroplasty
- Evaluation and Management of Benign Neoplasms
- Surgeon Inventor: Pearls for Developing New Products
- Management of the "Jones" Fracture

Question & Answer

12:30 PM CONFERENCE ADJOURNS

**HOTEL ACCOMMODATIONS**

After an impressive redesign, the Newport Marriott has set sail on a new chapter as one of the best hotels in Newport, Rhode Island. Nautical hints set the stage for the transformed experience at this harborfront hotel. Natural light floods the Greatroom lobby. In the exclusive M Club Lounge, the windows overlook the boat-filled harbor. At MainSail, enjoy the view and American fare or stop by the Skiff Bar to mingle on the outdoor terrace. Relax in the full service spa or reenergize in the new Fitness Studio. Area attractions include historical mansions, Tennis Hall of Fame, beaches and vineyards.

A block of rooms have been reserved and will be held until it is full or April 11, 2017, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).

Sgl/Dbl Room: $225 (plus tax, subject to change without notice)

NEWPORT MARRIOTT

25 America’s Cup Ave • Newport, RI 02840
800.228.9290 or 401.849.1000 www.marriott.com*

*Register online via hotel link on Newport conference page at www.podiatryinstitute.com.

**TRAVEL DISCOUNTS**

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders
678.689.0176

(A $25.00 service fee will apply for the first passenger; $15.00 for each additional passenger.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

**TENTATIVE PROGRAM, SUBJECT TO CHANGE WITHOUT NOTICE**

- **7:00 AM** BREAKFAST WITH EXHIBITORS
- **7:30 AM** BREAKFAST
- **7:30 PM** SUNDAY MORNING PODIATIC POTPOURRI
- **1:00 PM** PICA RISK MANAGEMENT SESSION
- **2:00 PM** THURSDAY SESSION ADJOURNS

**SATURDAY**

- **7:00 AM** BREAKFAST WITH EXHIBITORS
- **7:30 PM** CHALLENGING DISORDERS & CONTEMPORARY SOLUTIONS

Moderator: David J Caldarella, DPM FACFAS

Contemporary Approaches to Ankle Arthrodesis
Arthroscopic Ankle Arthrodesis
Lis Franc Joint Fracture/Dislocations
Syndesmotic Ankle Instability
Insertional Achilles Tendinopathy
Midsubstance Achilles Tendinopathy
Opioid Crisis: Adapting Our Practices

Question & Answer

10:45 AM REFRESHMENT BREAK, VISIT EXHIBITORS

11:30 AM ALLOPATHIC CONTRIBUTIONS IN LOWER EXTREMIT Y PATHOLOGY A MULTIDISCIPLINARY ROUNDTABLE

Moderator: David J Caldarella, DPM FACFAS

Infectious Disease Overview
Vascular Surgery Overview
Wound Care/Plastic Surgery
Midfoot Charcot Neuroarthopathy
A Bird’s-Eye View of Reading Podiatric Biopsies: A Very Short Dermatopathology Course

Question & Answer

12:30 PM CONFERENCE ADJOURNS

**SUNDAY**

- **7:30 PM** SUNDAY MORNING PODIATIC POTPOURRI

Moderator: David J Caldarella, DPM FACFAS

The Pregnant Podiatric Patient
Antibiotic Prophylaxis: An Update
Biopro Implant Arthroplasty
Evaluation and Management of Benign Neoplasms
Surgeon Inventor: Pearls for Developing New Products
Management of the "Jones" Fracture

Question & Answer

10:00 AM REFRESHMENT BREAK

10:30 AM SUNDAY MORNING PODIATIC POTPOURRI

Moderator: Michael C. McGlamery, DPM FACFAS

- Posterior Ankle Endoscopy
- Posterior Malleolar Fractures
- Current Concepts in Bone Plating
- Orthobiologic Adjuncts in Tendon Healing
- Orthobiologic Adjuncts in Bone Healing

11:30 AM EXHIBIT HALL CLOSES

12:30 PM CONFERENCE ADJOURNS

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For more information, please visit www.podiatryinstitute.com

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REGISTER FOR A 2017 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2017 SEMINAR

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS. DOES NOT APPLY TO EXHIBITOR REGISTRATION, CADAVER SURGICAL SKILLS COURSES OR THE COMPLETE TOTAL ANKLE COURSE. CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a $75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a “certificate of transfer” will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.

### OUR MISSION
To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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☐ $590 on 3/24/17 through 4/20/17  ☐ Food functions are open to registered attendees only. Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 1 dinner and 5 breaks.
☐ $690 after 4/20/17 or at the door  
☐ $315 Retired Podiatrists or Active Military
☐ $95 Residents with letter from Residency Director  

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### CONCLUSION
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