24th Annual Winter Conference
Cutting Edge Topics and Techniques in Foot & Ankle Surgery

JOINT PROVIDER WITH
UTAH PODIATRIC MEDICAL ASSOCIATION

PARK CITY
February 9-11

THE PODIATRY INSTITUTE

LITTLE ROCK
April 7-9

Foot and Ankle Surgery: Building Blocks for Success

JOINT PROVIDER WITH
ARKANSAS PODIATRIC MEDICAL ASSOCIATION
THURSDAY

7:00 AM  REGISTRATION AND BREAKFAST

7:25 AM  WELCOME

7:30 AM  FOREFOOT
  Mucin Cysts
  The Ditzel Procedure: Percutaneous Condylectomy of the Toe
  Repair of 2nd MTPJ Pathology
  Instability of the Lesser MTPJs
  Contemplating the Akin

Question & Answer

9:30 AM  MORNING SESSION ADJOURNS

3:00 PM  EXHIBIT HALL OPENS, REFRESHMENTS PROVIDED

3:30 PM  THE FIRST RAY
  Austin Tips for Success
  Repair of a Complicated HAV Deformity
  Surgical Choices for Hallux Limitus
  Lapidus Updated
  Procedure Selection for the High IMA HAV Deformity
  Mini-Tightrope for Hallux Varus
  The 1st Ray Ulcer: Linking Location, Cause and Solution

Interesting Case Studies in Podiatric Medicine
Question & Answer

6:15 PM  DINNER WITH THE EXHIBITORS

7:00 PM  SOFT TISSUE PROCEDURES AND PERI-OPERATIVE MANAGEMENT
  Repair of Neglected Achilles Tendon Ruptures
  Detachment and Repair for Insertional Achilles Disease
  Chronic Achilles Tendinopathy
  Peroneal Treatment Options Following Failed Tenodesis
  Cuboid Exostectomy with Rhomboid Flap
  Osteotomy Planning
  DVT Update
  Update on Vascular Studies

Question & Answer

9:30 PM  THURSDAY SESSION ADJOURNS

FRIDAY

7:00 AM  BREAKFAST IN EXHIBIT HALL

7:30 AM  WORKSHOPS ATTENDANCE REQUIRED
  Various hands-on workshops featuring latest techniques and technologies
  WORKSHOP ROTATION ONE:  7:30 AM – 8:25 AM
  WORKSHOP ROTATION TWO:  8:35 AM – 9:30 AM

9:30 AM  MORNING SESSION ADJOURNS

3:00 PM  EXHIBIT HALL OPENS, REFRESHMENTS PROVIDED

3:30 PM  THE COMPROMISED FOOT/ANKLE
  Rheumatology Update: Gout and Recognizing Other Autoimmune Disorders
  Understanding and Explaining the Charcot Foot
  Charcot Reconstruction: A Look at The Good, The Bad and The Ugly
  Beam/Bolt Fixation for Charcot Reconstruction
  Complicated Open Wounds / Dermaclose
  Vascular Surgery Update: Getting Blood Flow to the Foot
  Contemplating the Charcot Foot: Panel Discussion

6:15 PM  DINNER WITH THE EXHIBITORS

7:00 PM  TRAUMA, REARFOOT AND ANKLE
  Particulated Juvenile Cartilage Allograft for OCD in Ankle/1st MTP
  Cartilage Replacement for Talar OCD
  Closed Reduction of Ankle Fractures
  Ankle Fractures: The Essentials
  Pediatric Ankle Fractures
  STJ Arthrodesis
  Amniotic Membrane in Foot and Ankle Surgery
  Total Ankle Replacement

Question & Answer

9:30 PM  FRIDAY SESSION ADJOURNS

CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

- Understand the various midfoot and heel conditions presented and understand the differential diagnosis and treatment options available.
- Understand the various surgical options presented for the first ray with an emphasis on challenges and avoiding complications.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the modalities available and surgical approaches to complications and revisional surgery.
- Understand the perioperative considerations of the conditions presented.
7:00 AM  BREAKFAST IN EXHIBIT HALL

7:30 AM  CODING GALORE
CPT Update: New Bunionectomy Coding
2017 ICD-10 New Codes, Issues, & Troubleshooting
Coding Your Park City Lectures

9:30 AM  MORNING SESSION ADJOURNS

3:00 PM  EXHIBIT HALL OPENS, REFRESHMENTS

3:30 PM  TOPICS OF INTEREST
Bone Plating
Oral Steroids in Podiatric Medicine
Office Emergencies: Be Prepared
3D WBCT
Epi/mal Grafts Using the Cellutome Device
Running Injuries
Diabetic Ketoacidosis
Path to Device Commercialization
Question & Answer

6:00 PM  PICA RISK MANAGEMENT SESSION
The Podiatrist’s Role in Pain Management
This presentation will look at the role of the podiatric physician in treatment of acute and chronic pain. The presentation will review appropriate prescribing habits and documentation as well as adjunct therapies and medication; benefits to the podiatric physician and patient in referral to chronic pain specialist; what may the DPM be missing when prescribing chronic narcotics; are we qualified to manage chronic pain and do you really want that responsibility. Finally we will look at the CME requirements for pain management for DPs and attempt to fill this educational requirement.

7:00 PM  CONFERENCE ADJOURNS, DINNER & EVENING ON YOUR OWN

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The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 20.0 continuing education contact hours.

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**TOP PARK CITY ACTIVITIES**

- Skiing with "The Greatest Snow On Earth"
- Snowboarding at terrain parks and halfpipes
- Heliskiing, the ultimate adventure, heli-copter skiing takes you to unspoiled terrain
- Bobsled, an Olympic experience (at 75 mph)
- **Rocket Ride** a self-steering, luge-type sled that reaches speeds up to 50 mph
- **Ski Jump**, learn to fly the Nordic way
- Snowmobiling across the mountains
- Cross-Country Skiing on groomed trails or under the Rocky Mountain skyline
- Snowshoeing gets you close to nature
- **Hot Air Ballooning** for a birds-eye view
- Sleigh Rides through a winter wonder-land
- Dog Sledding through remote terrain
- Tubing for the young and young-at-heart
- Ice Skating is a family-favorite
- **Fly-Fishing** tap your line across cool waters
- Historical Tours from mining silver to Olympic gold
- Relaxation from pampering at a luxury spa to curling up by the fireplace
- Shopping for art collectibles, antiques, wildlife photography and more

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**HOTEL ACCOMMODATIONS**

Nestled in the heart of Utah ski country among the majestic Wasatch Mountains, **Park City Marriott** is a prime destination for adventurer seekers and ski enthusiasts. Feast on regional comfort food on-site or relax in the atrium-style pool and hot tub. For convenient access, take the complimentary town shuttle to Old Town Main Street.

A block of rooms has been reserved and will be held until it is full or January 9, 2017, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).

**Deluxe Room:** $244 (plus tax, subject to change without notice)

**PARK CITY MARriott**

1895 Sidewinder Dr. ■ Park City, UT 84060
800.234.9003 435.649.2900 www.parkcitymarriott.com
Register online via hotel link on Park City conference page at www.podiatryinstitute.com.

**TRAVEL & CONDOS**

To obtain the best possible rates and make your reservations, please call our official agency:

**Travel Leaders** 678.689.0176
(A $25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; $15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

**SKI RENTALS** will be available at the hotel.
FRIDAY April 7

6:45 AM  REGISTRATION
7:00 AM  BREAKFAST WITH EXHIBITORS
7:30 AM  WELCOME & INTRODUCTION
8:00 AM  FOREFOOT SURGERY/ COMMON TRAUMA
Moderator: Mickey D. Stapp, DPM
Hammer Digit Syndrome: An Evidence Based Approach
Instability of the Lesser MTPJ
Simplified Technique for Lesser MTPJ Repair
Metatarsal Head Resurfacing
Is There Growing Evidence for Immediate Surgical Repair of the Acute Ankle Sprain?
10:05 AM  REFRESHMENT BREAK, VISIT EXHIBITORS
10:15 AM  Jones Fracture: A Practical Guide
Overview of Lateral Ankle Pathology
Lisfranc Injuries: Confusion & Questions
Question & Answer
12:15 PM  LUNCH
1:15 PM  PLANTAR FASCIA AND POSTERIOR LEG
Moderator: Joe T. Southerland, DPM
Equinus Management for Improved Patient Outcomes
Achilles Tendinopathy
Retrocalcaneal Pain
Posterior Heel Spur
Conservative Care of Achilles Tendinopathy
Please Stop Cutting the Plantar Fascia
3:10 PM  REFRESHMENT BREAK, VISIT EXHIBITORS
4:00 PM  Plantar Fasciitis: Beyond Cortisone
Recalcitrant Heel Pain: Is it the Nerve?
ESRD and the Podiatric Patient: What Are the Implications?
Question & Answer
5:20 PM  FRIDAY SESSION AdJOINS

SATURDAY April 8

7:00 AM  BREAKFAST WITH EXHIBITORS
7:30 AM  THE DIABETIC FOOT/RRA
Moderator: Michael C. McGlamry, DPM
Diabetic Neuropathic Foot Ulcers: An Evidence Based Approach
GPS for Diabetic Foot Ulcers
Explaining Charcot to Our Patients
Charcot: Lookin Back—The Good, The Bad and The Ugly
9:30 AM  REFRESHMENT BREAK, VISIT EXHIBITORS
9:45 AM  Stem Cell Allograft in RRA Surgery
Brostrom with Augmentation
STJ Distraction Arthrodesis
Questions & Answers
11:05 AM  WORKSHOPS ATTENDANCE REQUIRED
Various hands-on workshops featuring latest techniques and technologies
WORKSHOP ROTATION ONE: 11:05 AM – 12:00 PM
WORKSHOP ROTATION TWO: 12:05 PM – 1:00 PM
1:00 PM  LUNCH & LEARN:
PICA RISK MANAGEMENT SESSION
The Podiatrist’s Role in Pain Management
This presentation will look at the role of the podiatric physician in treatment of acute and chronic pain. The presentation will review appropriate prescribing habits and documentation as well as adjunct therapies and medication; benefits to the podiatric physician and patient in referral to chronic pain specialist; what may the DPM be missing when prescribing chronic narcotics; are we qualified to manage chronic pain and do you really want that responsibility. Finally we will look at the CME requirements for pain management for DPMs and attempt to fill this educational requirement.
2:30 PM  THE FIRST RAY
Moderator: Aprajita Nakra, DPM
HAV Algorithm
K-Wire Fixation of the Austin
Austin Technique
The Death of the Austin
Weight Bearing CT Gives New Insight into Selection of Surgical Procedures for Adult Acquired Flatfoot
4:20 PM  REFRESHMENT BREAK, VISIT EXHIBITORS
4:30 PM  The Role of the Crescentic Osteotomy
Early Weight Bearing on the CBWO
Hallux Limitus
First MTPJ Fusion: Plate Fixation
Frontal Plane Correction of HAV:
Is There Any Merit to This Procedure?
Question & Answer
6:20 PM  SATURDAY SESSION AdJOINS

CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the modalities available and surgical approaches to complications and revisional surgery.
- Understand the perioperative considerations of the conditions presented.
- Understand the various midfoot and heel conditions presented and understand the differential diagnosis and treatment options available.
- Understand the various surgical options presented for the forefoot with an emphasis on challenges and avoiding complications.
- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
TOP LITTLE ROCK ATTRACTIONS

- The William J. Clinton Presidential Center and Park is located on 29 beautiful acres with walking trails, the Clinton Foundation and the Clinton School of Public Service. www.clintonlibrary.gov
- The River Market District stands as an unofficial cultural center in Little Rock. On any given day you’ll find a wealth of cuisine from every part of the globe, skilled artists practicing their crafts and live music. www.rivermarket.info
- Experience Heifer International / Heifer Village, home to interactive exhibits that provide a stimulating and challenging educational experience for people of all ages. www.heifer.org
- Tour downtown museums, including Arkansas Arts Center, Historic Arkansas Museum, Museum of Discovery, and Old State House Museum.
- Take in MacArthur Park with it’s Museum of Arkansas Military History, Arkansas Korean War Veterans Memorial, trails, fishing ponds and sports courts. www.macarthurparklr.com
- The historic Quapaw Quarter encompasses Little Rock’s oldest and most historic areas, including 35 National Register Historic Districts, Little Rock Central High School, Arkansas Governor’s Mansion, Arkansas State Capitol, MacArthur Park. www.quapaw.com
- The historic Quapaw Quarter encompasses Little Rock’s oldest and most historic areas, including 35 National Register Historic Districts, Little Rock Central High School, Arkansas Governor’s Mansion, Arkansas State Capitol, MacArthur Park. www.quapaw.com
- The Mosaic Templars Cultural Center invites you to explore Arkansas’ African American history, life and culture. www.mosaictemplarscenter.com
- The Little Rock Central High School is recognized for the role it played in the desegregation of public schools in the US. www.nps.gov/chsc/
- Enjoy the golf course at War Memorial Park. Other amenities include the Little Rock Zoo and Jim Dailey Fitness & Aquatic Center.
- The Arkansas River Trail is a tribute to outdoor recreation, conservation and wellness. arkansasrivertrail.org
- Activities at Pinnacle Mountain State Park include hiking trails, mountain bike trails, horseback riding concession, canoe and kayak rentals and floats, barge tours, paddle boats, technical rock climbing, fishing and more. www.arkansasstateparks.com/pinnaclemountain

More information about area attractions is available at www.littlerock.com

SUNDAY April 9

7:30 AM  BREAKFAST

8:00 AM  NEW TECHNOLOGIES AND MEDICINE

Moderator: Mickey D. Stapp, DPM
- Orthobiologics in Tendon Surgery
- Risks of NSAIDs
- Use of Corticosteroids in Podiatric Medicine
- What is the Best Foot Orthotic Intervention for Plantar Heel Pain?

9:40 AM  REFRESHMENT BREAK, VISIT EXHIBITORS

10:00 AM  Radiofrequency Nerve Ablation for Plantar Heel Pain
- Hammertoe Implants

11:00 AM  CONFERENCE ADJOUNDS

TENTATIVE PROGRAM, SUBJECT TO CHANGE WITHOUT NOTICE

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SCIENTIFIC CHAIRMAN
Mickey D. Stapp, DPM
AUGUSTA, GA

SPECIAL GUEST SPEAKER
Patrick DeHeer, DPM
CARMEL, IN
Douglas H. Richie, Jr., DPM
ADJUNCT PROFESSOR, DEPT. OF BIOMECHANICS, CALIFORNIA COLLEGE OF PODIATRIC MEDICINE, SEAL BEACH, CA

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker’s bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

THE PODIATRY INSTITUTE

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ATLANTA, GA

HOTEL ACCOMMODATIONS

Friendly and inviting, the Doubletree Hotel Little Rock is located in historic downtown Little Rock. Begin your stay with their signature chocolate chip cookie and allow their staff to cater to your needs.

Newly-redesigned and spacious guest rooms provide the most requested amenities. The Plaza Grille and Bar is the go-to spot—morning, noon and night. There’s also a fitness center and an outdoor pool.

A block of rooms has been reserved and will be held until it is full or March 6, 2017, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after conference.

Sgl/Db Room: $219 (plus tax, subject to change without notice)

DOUBLETREE HOTEL LITTLE ROCK
424 West Markham ▶ Little Rock, AR 72201
501.372.4371  www.doubletreelr.com
Register online via hotel link on Little Rock conference page at www.podiatryinstitute.com.

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders  678.689.0176

(A $25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; $15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.
PARK CITY

- $540 on or before 12/29/16
- $590 on 12/30/16 through 1/26/17
- $640 after 1/26/16 or at the door
- $315 Retired Podiatrists or Active Military
- $95 Residents with letter from Residency Director
- Special Seminar Rate for APMA Young Members. Call 888.833.5682.

Food functions are open to registered attendees only. Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 2 dinners and 2 breaks.

- ____# OF ADULTS ($200 EACH)
- ____# OF CHILDREN 12 & UNDER ($100 EACH)

$__________ PARK CITY TOTAL

LITTLE ROCK

- $490 on or before 2/24/17
- $540 on 2/25/17 through 3/23/17
- $590 after 3/23/17 or at the door
- $265 Retired Podiatrists or Active Military
- $65 Residents with letter from Residency Director
- Special Seminar Rate for APMA Young Members. Call 888.833.5682.

Food functions are open to registered attendees only. Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 2 lunches and 5 breaks.

- ____# OF ADULTS ($200 EACH)
- ____# OF CHILDREN 12 & UNDER ($100 EACH)

$__________ LITTLE ROCK TOTAL

**CHOOSE ONE OF FOUR EASY WAYS TO REGISTER**

**ONLINE**
(Park City BEFORE 1/26/17 )
(Little Rock BEFORE 3/23/17 )
www.podiatryinstitute.com

**PHONE**
888.833.5682 or 770.939.0933

**FAX**
404.508.8539

**MAIL**
The Podiatry Institute
2675 N Decatur Rd, Ste 309
Decatur, GA  30033-6132

**PLEASE PRINT CLEARLY**

**IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION,**
PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.

PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

**MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE M/C VISA AX DISC**

Card # ___________________________ Exp. Date ___________ MM/YY

Signature ___________________________ Date ____________________

REGISTER FOR A 2017 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2017 SEMINAR

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS. DOES NOT APPLY TO EXHIBITOR REGISTRATION, CADAVER SURGICAL SKILLS COURSES OR THE COMPLETE TOTAL ANKLE COURSE. CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a $50 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a “certificate of transfer” will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.

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Bako Integrated Physician Solutions
PICA
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**GOLD**
Amerx Health Care
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**SILVER**
Delta Surgical Instruments
Metric Medical Devices
The Tetra Corporation

**BRONZE**
DePuy Synthes
Dia-Foot
Redi-Thotics
Sammy Systems

The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inevitable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2016