



THE PODIATRY INSTITUTE

PRESENTS

The 28th Annual Winter Conference

Cutting Edge Topics and Techniques in Foot and Ankle Surgery

WITH JOINT PROVIDER

Utah Podiatric Medical Association



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February 4-6
Sheraton Park City

Park City

Distinguished Faculty

Conference Objectives

SCIENTIFIC COMMITTEE

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Emory Decatur Hospital, Decatur, Georgia

Jonathan H. Harrison, MD
Interventional/Diagnostic Radiologist, Utah Radiology Associates, Provo, Utah

Charles Penrose, DPM
Emory Decatur Hospital, Decatur, Georgia

At the conclusion of the conference, the participant should be able to:

Trauma: The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

Forefoot: The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

Hallux Valgus: The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

Diabetic Foot: The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

Heel and Hindfoot: The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

Medicine & Topics of Interest: The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.

Special thanks to our 2020 Corporate Sponsors for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

THURSDAY February 4

7:00 AM **REGISTRATION AND BREAKFAST**

7:25 AM **WELCOME**

7:30 AM **FIRST RAY+**

DFWO: A Different Approach

Sesamoid Function and Bunion Surgery

The Austin: The Right Procedure
(Even When the Angle Says No)

1st Metatarsal Phalangeal Joint Arthrodesis Complications

First Metatarsal CBWO with Staple Fixation

Lapidus: Myths, Fables, and Doctrine

Question & Answer

9:30 AM **THURSDAY MORNING SESSION ADJOURNS**

3:00 PM **EXHIBIT HALL OPENS — REFRESHMENTS PROVIDED**

3:30 PM **SOFT TISSUE PROCEDURES**

Dermatofibrosarcoma Protuberans: A Case Report

Supine Gastrocnemius Recession

Endoscopic Plantar Fascial Debridement

Split Tibialis Anterior Transfer

Acute Achilles Tendon Ruptures

Tendon Transfer for Peroneal Tendon Rupture

Subtle Lisfranc Injuries

Chronic Lateral Ankle Instability

Subtalar Joint Dislocations

Question & Answer

6:15 PM **DINNER WITH THE EXHIBITORS**

7:00 PM **FOREFOOT**

Weil Tips and Tricks

PIPJ Implant Option Review

2nd MPJ/Plantar Plate: Thoughts, Musings, Complications

Acellular Dermal Matrix for Interpositional Arthroplasty

Fifth Metatarsal Fractures

Neuroma Treatments and Complications

Question & Answer

9:30 PM **THURSDAY SESSION ADJOURNS**



FRIDAY February 5

7:00 AM **BREAKFAST IN THE EXHIBIT HALL**

7:30 AM **WORKSHOPS**

NOTE: THERE WILL BE A SIGN-IN SHEET IN EACH WORKSHOP PER ROTATION.

Hands-on workshops featuring latest techniques & technologies

8:25 AM **WORKSHOP ROTATION ONE ENDS**

8:35 AM **WORKSHOP ROTATION TWO BEGINS**

9:30 AM **FRIDAY MORNING SESSION ADJOURNS**

3:00 PM **EXHIBIT HALL OPENS — REFRESHMENTS PROVIDED**

3:30 PM **MEDICAL TOPICS**

Introducing Enhanced Recovery After Surgery (ERAS)

HIPJ DJD in Neuropathic Patients After 1st MPJ Arthrodesis

Perioperative Management of the Charcot Patient

Current Concepts in Abscess Treatment

Vitamin D and Why We Should Care

Covid Toes

Vascular Disease and Wound Care

DVT Management: Acute and Chronic

Chronic Venous Disease: Everything a DPM Should Know

Question & Answer

6:15 PM **DINNER WITH THE EXHIBITORS**

7:00 PM **COMPLICATED CASES/ COMPLICATIONS**

Panel Discussion

Unique Fractures and Solutions

TN Fusion with Arthrodesis

Fibular Fixation in Ankle Fractures

Question & Answer

9:30 PM **FRIDAY SESSION ADJOURNS**



SATURDAY February 6

7:00 AM BREAKFAST IN THE EXHIBIT HALL

7:30 AM REARFOOT & ANKLE

Surgical Offloading of the Diabetic Foot

Subtalar Joint: The Linchpin of Midfoot
Charcot Reconstruction

Double Arthrodesis for Flatfoot

Ankle Arthrodesis: The Anterior Dissection Pathway

Ankle Fracture Management: Current Concepts

Calcaneal Fracture: Double-Distraction
and Limited Approach

Question & Answer

9:30 AM SATURDAY MORNING SESSION ADJOURNS

3:00 PM EXHIBIT HALL OPENS — REFRESHMENTS PROVIDED

3:30 PM TOPICS OF INTEREST

Guided Injections

Local Anesthetic Toxicity and Considerations

Osteochondrosis: Freiberg's Disease

Physician Burnout

Evidence Based Shoe Recommendations:
Gimmicks or Science?

Question & Answer

6:00 PM RISK MANAGEMENT SESSION

Let's Talk Risk – Protecting Your Reputation and Your Livelihood: Healthcare is a customer service industry and your practice will live or die based on the quality of care provided, and the daily interactions between the physician, staff and patients. Excellent customer service involves meeting and surpassing patients and their families' expectations. It means showing the customer how important he or she is to you and the business, by interacting with them in a friendly, helpful, and positive way. We will discuss strategies which your practice can implement, that will assist you and your staff in dealing with difficult, demanding and non-compliant patients.

Note: There will be a separate sign-in for this lecture.

7:00 PM CONFERENCE ADJOURNS — DINNER & EVENING ON YOUR OWN



UP TO 20 CECHS

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and Utah Podiatric Medical Association. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 20 continuing education contact hours.

Top Park City Attractions

Skiing with "The Greatest Snow On Earth" • **Snow-boarding** at terrain parks and halfpipes • **Heliskiing**, the ultimate adventure, helicopter skiing takes you to unspoiled terrain • **Bobsled**, an Olympic experience (at 75 mph) • **Rocket Ride** a self-steering, luge-type sled that reaches speeds up to 50 mph • **Ski Jump**, learn to fly the Nordic way • **Snowmobiling** across the mountains • **Cross-Country Skiing** on groomed trails or under the Rocky Mountain skyline • **Snow-shoeing** gets you close to nature • **Hot Air Ballooning** for a birds-eye view • **Sleigh Rides** through a winter wonder-land • **Dog Sledding** through remote terrain • **tubing** for the young and the young-at-heart • **Ice Skating** is a family-favorite • **Historical Tours** from mining silver to Olympic gold • **Relaxation** from pampering at a luxury spa to curling up by the fireplace • **Shopping** for art collectibles, Western antiques, wildlife photography and more.

Visit www.visitparkcity.com for more information on attractions and activities!

Sheraton Park City

Nestled in the heart of Utah ski country among the majestic Wasatch Mountains, the **Sheraton Park City** is a prime destination for adventurer seekers and ski enthusiasts. Feast on regional comfort food on-site or relax in the atrium-style pool and hot tub. This hotel is centrally located in Prospector Square, just moments from historic Main Street, boutiques, restaurants, art galleries, and world-class skiing.

1895 Sidewinder Drive
Park City, UT 84060
800.234.9003 or 435.649.2900

(mention **The Podiatry Institute** for special rate)

Rate: \$282 (plus tax, subject to change without notice)

Register online via the link on the Park City page at www.podiatryinstitute.com.

A block of rooms has been reserved and will be held until it is full or **January 2, 2021**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable February 2-8, 2021 (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders 678.689.0176

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.





Park City Conference Registration

OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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The Podiatry Institute is a non-profit educational foundation that offers a variety of programs including conferences, work-shops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit www.podiatryinstitute.com

- \$465 UPMA Member ONLY before 1/21/21
 - \$565 on or before 1/21/21
 - \$715 after 1/21/21 or at the door (**Credit Card ONLY**)
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 - Special Seminar Rate for **APMA Young Members.** Call 888.833.5682.
 - Food functions are open to registered attendees only.** Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 2 dinners and 3 breaks.
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- FREE Webinar Student/Resident Registration

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PARK CITY TOTAL

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			Decatur, GA 30033-6132

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(YOU MUST PROVIDE EMAIL ADDRESS TO RECEIVE CONFIRMATION AND CME CERTIFICATE)



PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION, PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.

MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE M/C VISA AX DISC

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REGISTER FOR A 2021 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2021 SEMINAR

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS. DOES NOT APPLY TO EXHIBITOR REGISTRATION OR CADAVER SURGICAL SKILLS COURSES. CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.



CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.