The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

The Maine Podiatric Medical Association is a non-profit professional association of podiatric physicians (Doctors of Podiatric Medicine or DPM’s) who specialize in complete care of the foot and ankle. They are a state component society of the APMA. Members are committed to providing excellence in the treatment of conditions, deformities, injuries and diseases of the foot and ankle. For more information, please visit www.mainepodiatrists.org.
New Meeting for the Institute!

Foot & Ankle Surgery
Building Blocks for Success
PRESENTED BY
THE PODIATRY INSTITUTE
JOINT PROVIDER WITH
MAINE PODIATRIC MEDICAL ASSOCIATION

PORTLAND, MAINE
JULY 25-28
PORTLAND MARRIOTT AT SABLE OAKS
Portland, Maine

This is a PICA approved risk management seminar.
Outdoor & Nature

Coastal Maine Botanical Gardens includes the 2-acre Children's Garden, a world-class Sensory Garden, waterfront and woodland trails. 207.633.8000 www.mainegardens.org

Maine Narrow Gauge Railroad Company & Museum Enjoy a scenic waterfront train ride along beautiful Casco Bay. 207.828.0814 www.mainenarrowgaugea.org

Maine Wildlife Park Nature trails, wildlife displays, gardens, and a guaranteed opportunity to see a moose! 207.657.4977 maine.gov/ifw/wildlife-park

Pineland Farms is a working farm open to the public for exploration, recreation and education. 207.688.4539 pinelandfarms.org

Portland Trails, walking and biking trails, takes you from coastal views to rushing rivers, and around the city. 207.775.2411 trails.org

Portland Walking Tours Walk at your pace or drive slowly to see: Beyond the Old Port, Portland on Tap, and Lighthouse Tour. 207.772.4068 or 207.653.2062 portlandmainewalkingtours.com

Sabbathday Lake Shaker Village, the only active Shaker community in the country, offers period buildings, crafts workshops and demos. 207.926.4597 www.maineshakers.com

Educational

International Cryptozoology Museum explores Cassie the Casco Bay Sea Serpent, Himalayan Yetis, Japanese Kappas, and North American Bigfoot. 207.518.9496 cryptozoologymuseum.com

Maine Historical Society offers the home of poet Henry Wadsworth Longfellow; the Brown Library; and the Maine Memory Network, a statewide digital museum. 207.774.1822 mainehistory.org

Maine Maritime Museum Shipyard, lighthouse, kids’ pirate ship, and a Victorian house. 207.443.1316 www.mainemaritimemuseum.org

Museum at Portland Head Light, Maine’s oldest lighthouse, is located at the entrance of Casco Bay. 207.799.2661 portlandheadlight.com

Owls Head Transportation Museum features an operating collection of antique aircraft and automobiles. 207.594.4418 owlshead.org

Owls Head Transportation Museum features an operating collection of antique aircraft and automobiles. 207.594.4418 owlshead.org

Portland Fire Museum houses an amazing collection of fire related art and artifacts. 207.772.2040 www.portlandfiremuseum.com

Portland Observatory Museum Guided tours of the only remaining historic maritime signal tower in the United States offer spectacular views of Portland, Casco Bay, Back Cove and Mt. Washington. 207.774.5561 www.portlandlandmarks.org

Tate House Museum, a 1755 Georgian home featuring period furnishings and gardens, connects people to their colonial roots. 207.774.6177 www.tatehouse.org

Victoria Mansion One of the most important historic house museums and collections of the mid Victorian period anywhere in America. 207.772.4841 victoriamansion.org

Unique Tours

Maine Food for Thought Tours Enjoy delicious seasonal tastings and explore the story behind the plate. 207.619.2075 mainefoodforthought.com

Maine Foodie Tours Enjoy an eclectic sampling of inspired culinary creations on a foodie walking or boat tour! 207.233.7485 mainefoodietours.com

Portland Fire Engine Co. Tour Portland's city and architecture aboard a vintage Fire Engine! 207.252.6358 portlandfiretours.com

Family Fun

Children's Museum & Theatre of Maine Named one of the top 12 children’s museums in the U.S. by Forbes Magazine. 207.828.1234 kitetails.org

The Escape Room A real-life adventure game. See if you have what it takes to escape in 60 minutes or less! 207.619.3775 www.escaperoomme.com

Funtown Splashtown U.S.A. Two fantastic parks in one with 50 rides, slides and pools. 207.284.5139 funtownsplashtownusa.com

Maine Indoor Karting Adult racing, junior racing instruction, family racing, and mini golf. 207.885.0058 maineindoorkarting.com

Palace Playland is New England’s only beach front amusement park. Great rides, lots of food, midway and arcade games and more! 207.934.2001 www.palaceplayland.com

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders 678.689.0176

(A $25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; $15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

Portland Marriott at Sable Oaks

200 Sable Oaks Drive South, Portland ME 04106
800.752.8810 or 207.871.8000 (mention The Podiatry Institute for special rate)

Centrally located just 2.4 miles from Portland International Jetport, let the stresses of travel disappear at Portland Marriott at Sable Oaks. Traditional favorites and local delicacies eagerly wait to tantalize your taste buds at the on-site restaurant, Fire and Water Fish & Chophouse. Brisk workouts can be had in the refreshing indoor pool or on-site fitness center.

Rate: $235 Single/Double (plus tax, subject to change without notice)*

*Register online via the Portland, Maine page at www.podiatryinstitute.com.

A block of rooms has been reserved and will be held until it is full or June 25, 2019, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable July 24-28, 2019 (based on availability).
Thursday

6:45 AM REGISTRATION
7:00 AM BREAKFAST WITH EXHIBITORS
7:25 AM WELCOME & INTRODUCTION
7:30 AM PODIATRIC MEDICINE
   Pre-Op Consult: Risk Management Concerns
   Obesity Related Foot Pain
   Surgical Gloves: More Than Meets the Eye
   Update on Non-Invasive Vascular Testing
   Bone Grafts and Substitute Materials
   Current Treatment of Gout
   Pharmacogenetics: The DNA of Drug Selection
   Question & Answer
10:15 AM BREAK — VISIT EXHIBITORS
11:00 AM WORKSHOPS
   NOTE: YOU MUST TAKE THE ONE 2-HOUR WORKSHOP OR TWO OF THE 1-HOUR WORKSHOPS. THERE WILL BE A SIGN-IN SHEET IN EACH WORKSHOP PER ROTATION.
   Hands-on workshops featuring latest techniques & technologies
   Summer 2019 Podiatric Dermatology Update – “Hands-On Biopsy” Workshop: The Podiatry Institute has designated an unrestricted educational grant from Bako Diagnostics to support this workshop session.
   NOTE: THIS IS A TWO-HOUR WORKSHOP
   Foot and Ankle Fixation Utilizing Active Stabilization with Paul Flannigan, DPM; The Podiatry Institute has designated an unrestricted educational grant from Metric Medical to support this workshop session.
   WORKSHOP ROTATION ONE: 11:00 AM – 11:55 AM
   WORKSHOP ROTATION TWO: 12:05 PM – 1:00 PM
1:00 PM THURSDAY SESSION ADJOURNS

Friday

7:00 AM BREAKFAST WITH EXHIBITORS
7:30 AM REARFOOT/ANKLE/TRAUMA
   Ultrasonic Debridement for Plantar Fasciitis and Achilles
   My Brostrom was a Success but My Ankle Still Rolls
   Understanding Charcot
   Charcot: Tips for Success
   Trephine Arthrodesis
   Advanced Plating of Foot and Ankle
   Pediatric Ankle Sprains
   5th Metatarsal Fractures
   Question & Answer
10:00 AM BREAK — VISIT EXHIBITORS
10:45 AM DIGITAL AND OTHER FOREFOOT SURGERY
   Subungal Exostectomy
   Lesser MTPJ Instability
   Second MTPJ Pathology: A Different Look
   Repair of the Flail Toe
   Lesion Directed 5th Toe Surgery
   Polydactyly
   Question & Answer
1:15 PM FRIDAY SESSION ADJOURNS

At the conclusion of the conference, the participant should be able to:

**Trauma:** The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequela in different groups.

**Forefoot:** The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

**Hallux Valgus:** The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

**Diabetic Foot:** The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

**Heel and Hindfoot:** The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

**Medicine & Topics of Interest:** The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.

---

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and Maine Podiatric Medical Association. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 20 continuing education contact hours.
**SATURDAY**  
Jul 27

7:00 AM **BREAKFAST WITH EXHIBITORS**

7:30 AM **FIRST RAY SURGERY**  
**PART 1**
- Keller Bunionectomy
- Failed Hallus Limitus Surgery
- Juvenile Hallux Valgus
- Austin: Tips and Techniques
- 1st MTPJ Arthrodesis
- Base Wedge Osteotomy
- Stop Wasting Time — Staple Your 1st MTPJ Fusion
  
**Question & Answer**

10:00 AM **BREAK — VISIT EXHIBITORS**

10:45 AM **FIRST RAY SURGERY**  
**PART 2**
- Is There a New 80/20 Rule in Bunion Correction?
- Options in Hallux Limitus
- Hallux Limitus in Athletes
- Hallux IPJ Fusion
- Are Bunions a Deformity?
- What Our Patients Wish We Told Them About Bunion Surgery
- Lapidus: Early Weightbearing
  
**Question & Answer**

1:30 PM **SATURDAY SESSION ADJOINS**

**SUNDAY**  
Jul 28

7:00 AM **BREAKFAST**

7:30 AM **TOPICS OF INTEREST**
- Evidence in Foot and Ankle Surgery
- Peroneus Longus Repair
- Gastroc Recession for Plantar Fasciitis
- Diagnosis of Osteomyelitis
- Ultrasonic Debridement of Ulcers
  
**Question & Answer**

9:15 AM **RISK MANAGEMENT SESSION**
- Mitigating Complications in Vascular Compromised Patients
  
**Note:** There will be a separate sign-in for this lecture.

10:15 AM **BREAK**

10:30 AM  
1st Ray Amputation with Skin Flaps
  
**TMA Techniques**
- The Bow Tie Rotational Skin Closure
- Osteocondrosis and Freibergs
- HIPJ DJD in Neuropathic Patients
- after First MPJ Arthrodesis
- Interdigital Maceration: Not Just Tinea
  
**Question & Answer**

12:45 PM **CONFERENCE ADJOINS**

**DISTINGUISHED FACULTY**

**SCIENTIFIC CHAIRMAN**

Mickey D. Stapp, DPM  
Augusta, Georgia

**SPECIAL GUEST SPEAKER**

Lewis Freed, DPM  
Phoenix, Arizona

**FACULTY**

Kelly S. Brennan, DPM  
Emory Decatur Hospital, Decatur, Georgia

Michael C. McGlamry, DPM  
Cumming, Georgia

Michelle L. Butterworth, DPM  
Kingstree, South Carolina

Jared L. Moon, DPM  
Hobart, Indiana

Steven R. Carter, DPM  
Covington, Georgia

Adam Port, DPM  
Emory Decatur Hospital, Decatur, Georgia

Annette D. Filiatrault, DPM  
Atlanta, Georgia

Rahn A. Ravenell, DPM  
Mount Pleasant, South Carolina

Kieran T. Mahan, DPM  
Philadelphia, Pennsylvania

Scott R. Roman, DPM  
Covington, Georgia

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker’s bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.
PORTLAND MAINE REGISTRATION

- $540 on or before 6/13/19
- $590 on 6/14/19 through 7/11/19
- $690 after 7/11/19 or at the door (Credit Card ONLY)
- $315 Retired Podiatrists or Active Military
- $95* Residents with letter from Residency Director

*DOES NOT APPLY TO CADaver WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY EMAIL OR ONLINE.

- Special Seminar Rate for APMA Young Members. Call 888.833.5682.
- Food functions are open to registered attendees only. Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 2 lunches and 5 breaks.
  - ___ # OF ADULTS ($100 EACH)
  - ___ # OF CHILDREN 12 & UNDER ($50 EACH)

$ PORTLAND, ME TOTAL

PLEASE PRINT CLEARLY

Name ____________________________________________
Address ____________________________________________
City ___________________________ State _______ Zip ____________
Phone ___________________________ First Name for Name Tag ____________
Email ___________________________ (YOU MUST PROVIDE EMAIL ADDRESS TO RECEIVE CONFIRMATION AND CME CERTIFICATE)

PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION, PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.

MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE □ M/C □ VISA □ AX □ DISC

Card # ________________________________________ Exp. Date ____________
Signature _______________________________________ Date ____________

REGISTER FOR A 2019 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2019 SEMINAR

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS. DOES NOT APPLY TO EXHIBITOR REGISTRATION OR CADaver SURGICAL SKILLS COURSES. CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a $75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a “certificate of transfer” will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.