

THE PODIATRY INSTITUTE

2675 North Decatur Road  
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Decatur, GA 30033

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Newport, Rhode Island C&VB

# NEWPORT

APR 28 - MAY 1

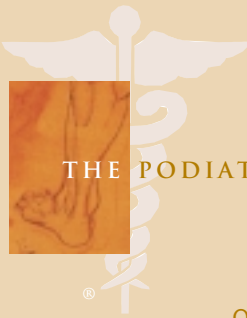
## Surgical Pearls by the Sea CURRENT TRENDS IN FOOT & ANKLE TREATMENT

Rhode Island Podiatric Medical Association, CO-SPONSOR

NEWPORT MARRIOTT  
NEWPORT, RHODE ISLAND

PICA This is a PICA approved  
risk management seminar.

UP TO 25.0 CONTINUING EDUCATION  
CONTACT HOURS



The Podiatry Institute is a nonprofit educational foundation that offers a variety of programs including conferences, workshops and postgraduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials.

The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

**OUR MISSION** To be a supportive, global network of members, colleagues and friends which enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research and service.

**BOARD OF DIRECTORS**

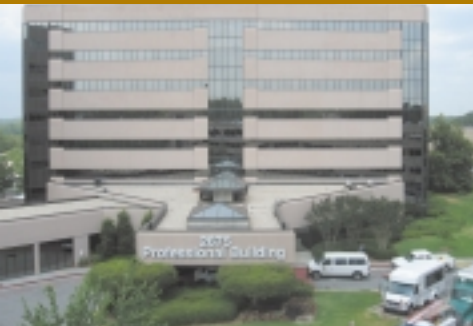
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**ABOUT THE INSTITUTE**



**UPCOMING CONFERENCES**

- JUL 21-24 **HILTON HEAD ISLAND**  
**A Beachfront Podiatric Symposium: Footprints in the Sand**  
South Carolina Podiatric Medical Association, CO-SPONSOR
- AUG 11-14 **PORTLAND**  
**Pacific Coast Conference**  
Oregon Podiatric Medical Association, CO-SPONSOR
- SEP 16-18 **ATLANTIC CITY**  
New Jersey Podiatric Medical Society, CO-SPONSOR
- SEP 22-25 **SAN DIEGO UPDATE 2011**  
San Diego Podiatric Medical Society, CO-SPONSOR
- NOV 3-6 **SANIBEL ISLAND**  
**Hallux Valgus & Related Forefoot Deformities**
- NOV 18-20 **WASHINGTON DC**  
**Mid-Atlantic Podiatry Conference**  
Mid-Atlantic Podiatric Medical Association (Region 8), CO-SPONSOR
- DEC 2-4 **CHICAGO**  
Illinois Podiatric Medical Association, CO-SPONSOR
- FEB 2-4 2012 **PARK CITY 2012**  
**19<sup>th</sup> Annual Winter Conference**  
Utah Podiatric Medical Association, CO-SPONSOR

**2011  
CADAVER  
COURSES**

Spend four days at the Institute; go home with improved surgical skills and 32 CMEs.

- FOREFOOT**  
March 10-13  
May 12-15  
June 2-5  
October 13-16  
November 10-13

- REARFOOT**  
September 8-11  
December 8-11

TENTATIVE SCHEDULE; DATES SUBJECT TO CHANGE. MORE INFO WILL BE POSTED AT WWW.PODIATRYINSTITUTE.COM

**CORPORATE SPONSORS**

Special thanks to our 2011 Corporate Sponsors for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

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## BY LAND

**Blithewold Mansion, Garden & Arboretum** Explore one of the finest garden estates in New England. The 45-room English style manor house chronicles the rich social history of the lives of one family over a span of more than 80 years. Celebrate spring at Daffodil Days, through May 1. 401.253.2707 [www.blithewold.org](http://www.blithewold.org)

**Bowen's Wharf** Newport's only historic waterfront shopping district with retail stores, galleries and eateries, all on the waterfront. 401.849.2243 [www.bowenswharf.com](http://www.bowenswharf.com)

**Discover Colonial Newport** Hear stories of revolution and ruin, struggles for religious liberty and remarkable entrepreneurship among Newport's diverse people. Museum & Shop at Brick Market 401.841.8770 [www.newporthistorytours.org](http://www.newporthistorytours.org)

**Friends of the Waterfront Walks** Cliffwalk, along the eastern shore, combines natural beauty with the architecture of the gilded age. Harborwalk is in two segments on the north-western shore: North/The Point for the original colonial center and South/Main Harbor with boating and entertainment. [www.cliffwalk.com](http://www.cliffwalk.com) [www.newportharborwalk.com](http://www.newportharborwalk.com)

**Ghost Tours of Newport** Take a lantern-led evening stroll down historic shadowy lanes and discover ghosts, ghouls, and legends. 401.841.8600 866.33.GHOST [www.ghostsofnewport.com](http://www.ghostsofnewport.com)

**International Tennis Hall of Fame** Chronicles the rich history of tennis through interactive exhibits and popular memorabilia. 401.849.3990 [www.tennisfame.com](http://www.tennisfame.com)

**Museum of Newport History** Explore America's best preserved colonial city through important furniture, art, silver, documents, and artifacts of daily life. 401.846.0813 [www.newporthistorical.org](http://www.newporthistorical.org)

**Museum of Yachting** Named among the top ten sailing museums in the nation. 401.847.1018 [www.moy.org](http://www.moy.org)

**Newport Dinner Train** Step back in time dining aboard a luxury train. 401.841.8700 800.398.RIBS [www.newportdinnertrain.com](http://www.newportdinnertrain.com)

**Newport Grand Slots** Over 1,500 slot machines in luxurious slot parlors, fantastic food outlets. 401.849.5000 [www.newportgrand.com](http://www.newportgrand.com)

**Newport Mansions** Explore 11 properties, representing more than 250 years of social and architectural history. The Gilded Age Experience opens the door to five of the grandest summer villas—The Breakers,

Chateau-sur-Mer, The Elms, Marble House and Rosecliff. 401.847.1000 [www.newportmansions.org](http://www.newportmansions.org)

**Newport's Old Quarter** Experience living history in galleries, shops, taverns, restaurants, and on the vibrant streets of this timeless arts-and-culture neighborhood. [www.theoldquarter.org](http://www.theoldquarter.org)

**Norman Bird Sanctuary** A 325-acre wildlife refuge with over seven miles of hiking trails and a variety of education programs for all age groups. Enjoy a leisurely stroll through the woods or a hike to the top of Hanging Rock, which offers breathtaking views of the ocean and surrounding areas. 401.846.2577 [www.normanbirdsantuary.org](http://www.normanbirdsantuary.org)

**Old Colony & Newport Railway** Sit back, relax and enjoy the salt air breeze as you travel along the cozy west shore of Aquidneck island in a 1904 open platform coach or an 1884 parlor car. Experience a once forgotten era as you travel through the noted Newport Naval Base and along scenic Narragansett Bay with its vistas of ships sailing in the bay, natural rocky beaches and wildlife that have adjoined the railway since 1864. 401.624.6951 [www.ocnrr.com](http://www.ocnrr.com)

**Rose Island Lighthouse** Tour the lighthouse museum where each room is fully restored just as if keepers of old still lived there. 401.847.4242 [www.roseisland.org](http://www.roseisland.org)

**10 Mile Drive** Ranked one of the most popular in the country, this driving tour combines the history of a wealthy summer community with the fabulous Newport treasures of public parks and miles of shoreline. Starts at The Elms on Bellevue Ave. [www.oceandrivenewport.com](http://www.oceandrivenewport.com)

**Touro Synagogue** This small synagogue has remained an active house of worship for over 200 years. Public tours let you delight in its magnificent architecture, and hear its remarkable and inspiring story. 401.847.4794 [www.tourosynagogue.org](http://www.tourosynagogue.org)

**Viking Bus Tours** For all your transportation and touring needs, from airport transfers to in-town shuttles, from sightseeing tours on old-fashioned trolleys and more. 401.847.6921 [www.vikingtoursnewport.com](http://www.vikingtoursnewport.com)

**Wine Tastings & Tours** Greenvale Vineyards (401.847.3777 [www.greenvale.com](http://www.greenvale.com)) is on a 19th-century Victorian farm in Portsmouth. Newport Vineyards and Winery (401.848.5161 [www.newportvineyards.com](http://www.newportvineyards.com)) is just 10 minutes from downtown Newport.

## TO DO AND SEE IN NEWPORT



## BY AIR & SEA

**Bird's Eye View Helicopters** Fly over the mansions, majestic Castle Hill, Rose Island lighthouse, and the USS Forrestal and Saratoga. 401.843.8687 877.914.TOUR [www.riaerials.com](http://www.riaerials.com)

**Adventure Water Sports** Boat rentals and charters to see Narragansett Bay on your own or with a captain. 401.849.4820 [www.newportriwatersports.com](http://www.newportriwatersports.com)

**America's Cup Charters** Orchestrate your own America's Cup Regatta and experience a legend! 401.846.9886 [www.americascupcharters.com](http://www.americascupcharters.com)

**Atlantis Yacht Charters** Bareboat or fully crewed, on sail, power, or sport fishing—come aboard your own adventures. 401.845.9944 [www.charternet.com/charters/ayc](http://www.charternet.com/charters/ayc)

**Classic Cruises of Newport** Cruise the bay 19th-century style aboard the 72' schooner Madeleine or take a high speed motor yacht tour on the classic speedboat RumRunnerII for the intrigue from her smuggling days. 401.849.3033 800.395.1343 [www.cruisewnewport.com](http://www.cruisewnewport.com)

**Flaherty Charters** Captain Tim shares his knowledge of Newport's rich maritime history and pirate lore. 401.848.5554 [www.flahertycharters.com](http://www.flahertycharters.com)

**Gansett Cruises** Years of experience and love of the Narragansett Bay area bring you the best of local sights, sounds and tastes. 401.787.4438 [www.gansettcruises.com](http://www.gansettcruises.com)

**Newport Yachting Center** Experience the thrill of sailing or just sit back and take in the sights. 401.846.1600 [www.newportyachtingcenter.com](http://www.newportyachtingcenter.com)

**Sara Star Fishing Charters** Captain Joe always tailors the experience to suit the needs of his guests. Offshore trips for tuna and shark are also available. 401.623.1121 [www.sarastarcharters.com](http://www.sarastarcharters.com)

**Seascope System's Yacht Charters** Creators of "Your Own America's Cup Regatta", with a passion for rare classic vessels. 401.847.5007 [www.seascopeopenewport.com](http://www.seascopeopenewport.com)

**12 Meter Charters** Set sail aboard the legendary yachts of the America's Cup! Traditional schooners and sunset sails, too. 401.851.1216 800.820.1223 [www.Classic12metercharters.com](http://www.Classic12metercharters.com)

MORE INFORMATION IS AVAILABLE AT: [www.gonewport.com](http://www.gonewport.com)

After completing this activity, the participant should be able to:

#### REARFOOT AND ANKLE

- understand the differential diagnosis of the various conditions presented
- evaluate and determine the various treatment options available
- understand and avoid the various pitfalls and complications

#### FOREFOOT SURGERY

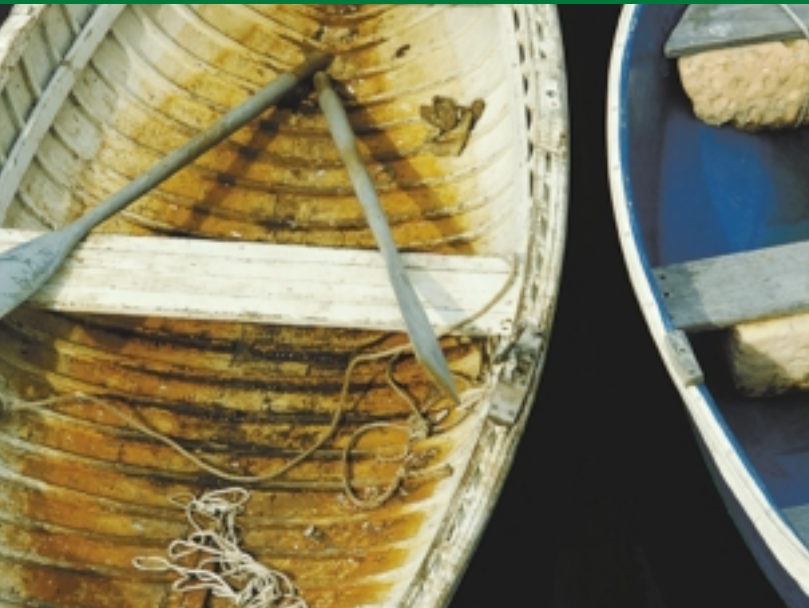
- evaluate and determine the various treatment options available for forefoot surgery
- understand and avoid the various pitfalls and complications

#### SPORTS MEDICINE

- understand the differential diagnosis of the various conditions presented
- evaluate and determine the various treatment options available
- understand and avoid the various pitfalls and complications

#### TRAUMA

- understand the differential diagnosis of the various conditions presented
- evaluate and determine the various treatment options available
- understand and avoid the various pitfalls and complications



#### THURSDAY AFTERNOON

### HALLUX VALGUS & FOREFOOT SURGERY “WHAT WORKS AND WHY”

1:00 PM – 3:55 PM

Hypermobility: Is it Real?  
Tightrope Bunionectomy  
Kalish Osteotomy: 30 years of Experience  
Epiphyseal Stapling for Juvenile Hallux Valgus  
Austin vs. Kalish: A Comparison  
Lapidus Arthrodesis in Hallux Valgus Deformity  
Comparison of Internal Fixation in Digital Surgery  
Tibial Sesamoids

#### BREAK — VISIT EXHIBITS

3:55 PM – 4:40 PM

### THE MIDFOOT, HINDFOOT AND ANKLE

4:40 PM – 7:00 PM

Aneurysmal Bone Cysts  
Ankle Arthrodiastasis  
STJ Arthroeresis: Flake-Austin STA-PEG  
Revisiting Trephine Technique Arthrodesis  
Pes Cavus: Simplifying the Complex  
Ankle Arthrodesis: An Overview

#### FRIDAY MORNING

#### BREAKFAST WITH THE EXHIBITORS

7:30 AM – 7:55 AM

### GERARD V. YU MEMORIAL SECTION INNOVATIONS IN PODIATRIC MEDICINE AND SURGERY

Nonunion Repair  
Locking Plates: New Concepts  
Specialty Plate Fixation in First MTPJ Arthrodesis  
Lesser MTPJ Arthrosis: Functional Repair

#### REFRESHMENT BREAK & VISIT EXHIBITS

10:00 AM – 10:45 AM

### SPORTS MEDICINE/ HEEL PAIN

10:45 AM – 1:15 AM

Evaluation and Treatment Options for Lateral Ankle Instability  
Chronic Achilles Tendinopathy  
Peroneal Tendinopathy  
Hallux Rigidus in the Athlete  
Treatment Options for Plantar Fasciitis: Conservative and Surgical  
New Insights and Treatment Options for Plantar Heel Pain  
The KFC: Heel Spur Technique

#### LUNCH WITH THE EXHIBITORS

1:15 PM – 2:00 PM

#### FRIDAY AFTERNOON

### EMR AND CODING

2:00 PM – 2:20 PM

APMA State of the Union: EMR and Coding  
Utilizing EHR for Quality of Care in the Diabetic Foot Exam

### TRAUMA

2:20 PM – 4:15 PM

Lis Franc Fracture Dislocation  
Midfoot Fractures  
Talus Fractures  
Calcaneal Fracture: A Stepwise Approach  
Calcaneal Fractures: External Fixation  
Pronation-abduction Fractures  
Pediatric Fractures

#### REFRESHMENT BREAK & VISIT EXHIBITS

4:15 PM – 5:00 PM

### WOUND CARE

5:00 PM – 6:45 PM

Non Drain, No Brain: Management of the Surgical Hematoma  
Difficult Wound Closures  
Advanced Wound Healing Techniques  
Partial Calcanectomy for Heel Ulcers

APRIL 28

APRIL 29

## NEW TECHNIQUES AND TECHNOLOGIES

- evaluate and determine the applicability of various new techniques and technologies in podiatric surgery

## DIABETES – CHARCOT

- understand the differential diagnosis of the various conditions presented
- evaluate and determine the various treatment options available
- understand and avoid the various pitfalls and complications

# SCIENTIFIC OBJECTIVES



UP TO  
**25.0**  
CONTINUING  
EDUCATION  
CONTACT HOURS

THE PODIATRY INSTITUTE  
IS APPROVED BY THE  
COUNCIL ON PODIATRIC  
MEDICAL EDUCATION  
AS A SPONSOR OF  
CONTINUING EDUCATION  
IN PODIATRIC MEDICINE

## SATURDAY MORNING

**BREAKFAST WITH THE EXHIBITORS** 7:00 AM – 7:30 AM

**DIABETES – CHARCOT** 7:30 AM – 10:00 AM

Charcot Foot Deformity: Principles in Treatment  
The Total Charcot Picture and Topical Hyperbaric O<sub>2</sub> Treatment  
Microbiology of the Diabetic Foot  
Diabetes Mellitus and Podiatric Medicine  
Mortality and First Onset Diabetic Ulcers:  
Successful Amputation Prevention

**REFRESHMENT BREAK & VISIT EXHIBITS** 10:00 AM – 10:45 AM

**WORKSHOPS** 10:45 AM – 12:45 PM

Various hands-on workshops featuring latest techniques & technologies

**PICA RISK MANAGEMENT** 12:45 PM – 2:15 PM

### The Fetid Foot

This lecture, presented by a podiatrist and a malpractice defense attorney, will focus on diagnosis and treatment of infections. It will include an overview of claims associated with infections, case studies illustrating diabetic and post operative infections, and discussions of evidence-based guidelines, prophylactic antibiotics, MRSA and other multi-drug resistant bacteria.

## SCIENTIFIC CHAIRMAN

**David J. Caldarella, DPM** LaCrosse, Wisconsin

## CONFERENCE CO-CHAIRMEN

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**John Simoes, DPM** Pawtucket, Rhode Island

## SPECIAL GUEST FACULTY

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President, American Podiatric Medical Association

**Ira H. Kraus, DPM** Chattanooga, Tennessee

**Douglas H. Richie, Jr. DPM** Seal Beach, California

**Jeffrey M. Robbins, DPM** Beechwood, Ohio

# FACULTY & SPEAKERS

**Thomas A. Brosky, II, DPM** Oakwood, Georgia

**Donald R. Green, DPM** San Diego, California

**George S. Gumann, Jr. DPM** Fort Benning, Columbus, Georgia

**Stanley R. Kalish, DPM** Jonesboro, Georgia

**Stephan J. LaPointe, DPM, PhD** Rome, Georgia

**Jared Moon, DPM** Resident, DeKalb Medical Center,  
Decatur, Georgia

**Scott R. Roman, DPM** Covington, Georgia

**Mickey D. Stapp, DPM** Augusta, Georgia

**Eugene D Timpano, DPM** Resident, DeKalb Medical Center,  
Decatur, Georgia

**George R. Vito, DPM** Winston-Salem, North Carolina

**Mitzi L Williams, DPM** San Francisco, California

Each speaker is required to disclose the existence of any financial and/or other relation-ship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

## SUNDAY MORNING

**PODIATRIC POTPOURRI** 7:30 AM – 10:10 AM

Treatment Protocols for Osteomyelitis  
Neuroma Treatments and Complications  
Pigmented Villonodular Synovitis  
Vitamin D Deficiency

**REFRESHMENT BREAK** 10:10 AM – 10:25 AM

**PODIATRIC POTPOURRI CONTINUED** 10:25 AM – 12:30 PM

Treatment of Plantar Verrucae: Pulsed Dye Laser  
Hallux Limitus  
1st MTPJ Fusion with Bone Graft  
Perioperative Management of Oral Anti-Coagulation

**APRIL 30**

**MAY 1**

**CHOOSE 1 OF 4  
EASY WAYS TO REGISTER**

**ONLINE** (BEFORE 4/13/11)  
www.podiatryinstitute.com

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888.833.5682 or  
770.939.0393

**FAX**  
404.508.8539

**OR MAIL**  
The Podiatry Institute  
2675 N Decatur Rd  
Ste 309  
Decatur, GA 30033

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(IF YOU WOULD LIKE TO RECEIVE FUTURE ANNOUNCEMENTS)



PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

# NEWPORT CONFERENCE REGISTRATION

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$50 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.

\$490 before 3/28/11

\$540 after 3/28/11

\$590 after 4/13/11  
or at the door

\$265 Retired Podiatrists  
or Active Military

\$65 Residents w/letter  
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RESIDENT REGISTRATION NOT  
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**Special Seminar Rate** for APMA Young Members.  
Call 888.833.5682.

**FOOD FUNCTIONS ARE OPEN TO REGISTERED ATTENDEES ONLY.**  
ADDITIONAL MEAL PACKAGES CAN BE PURCHASED FOR FAMILY/  
GUESTS. INCLUDES 3 BREAKFASTS, 6 BREAKS AND 1 LUNCH.

\_\_\_\_ # OF ADULTS (\$200 EACH)

\_\_\_\_ # OF CHILDREN 12 AND UNDER (\$100 EACH)

IF YOU DO NOT RECEIVE A  
WRITTEN CONFIRMATION,  
PLEASE CALL OUR OFFICE TO  
CONFIRM REGISTRATION.

\$ \_\_\_\_\_  
NEWPORT TOTAL

MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE  M/C  VISA  AX  DISC

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_  
MONTH/YEAR

Signature \_\_\_\_\_ Date \_\_\_\_\_

## REGISTER FOR A 2011 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND SEMINAR

EXCLUDES CADAVER WORKSHOPS. DOES NOT APPLY TO RESIDENTS,  
RETIRED, MILITARY, OR APMA YOUNG MEMBERS. CALL BEFORE  
REGISTERING FOR THE SECOND SEMINAR TO RECEIVE DISCOUNT.

A block of rooms have been reserved and will be held until it is full or April 6, 2011, whichever comes first. Please book early to guarantee your reservation. IN ORDER TO SECURE OUR SPECIAL GROUP RATE, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/ 3 days after (based on availability).

Single/Double Room Rate: \$199  
(plus tax, currently 13%, subject to  
change without notice)

### TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders  
678.689.0176

(A \$25.00 SERVICE FEE WILL APPLY  
FOR THE FIRST PASSENGER; \$15.00 FOR  
EACH ADDITIONAL PASSENGER.)

The Newport Marriott hotel is situated in the heart of historic Newport, Rhode Island, and offers first-class accommodations.

Blending the traditional with the modern, the on-site restaurant Fathoms offers a taste of New England cuisine with a contemporary flair. With a menu featuring fresh seafood and inventive dishes, breathtaking views of

Newport Harbor through expansive windows, and a stylish décor, Fathoms offers diners an experience—not just a meal.

With it's convenient harbor location, legendary attractions such as the Cliff Walk, Newport Mansions, Castle Hill Lighthouse and the

International Tennis Hall of Fame are easily accessible. Nearby recreation includes jet-skiing, kayaking, sailing, tennis, hiking, biking, horseback riding, jogging/fitness trails, bowling and golf.

On-site recreation includes an indoor swimming pool and a fitness center with cardio equipment, free weights, personal training

and massage therapy.

You're sure to enjoy every moment of the ultimate spa experience as you indulge in the relaxation of the Spa at Newport Marriott. Call 401.848.6983 to book your appointment.



# NEWPORT MARRIOTT RESERVATIONS

Newport Marriott, 25 Americas Cup Ave, Newport, RI 02840  
www.marriott.com/hotels/travel/pvdlw-newport-marriott/

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