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- JUBLIA should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus, and should be used with caution in nursing women.
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The Podiatry Institute administers its educational programs under its policy that all conferences, services, programs, and workshops; both for participants and faculty; shall be maintained at all times on a non-discriminatory basis with regard to age, sex, race, color, disability, sexual orientation, religion, national origin, ancestry, physical or mental handicap, and military status. Evidence of practices which are inconsistent with the policy should be reported to the Chairman, Board of Directors of The Podiatry Institute.
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--- SCIENTIFIC OBJECTIVES ---

**Hallux Valgus Surgery:** The attendee will become familiar with different surgical procedures in the management of associated HAV deformities.

**Forefoot Surgery:** The attendee will become familiar with different surgical procedures in the management of associated forefoot deformities.

**Rearfoot Surgery:** The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures on the rearfoot.

**Complications:** The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures.

**Diabetes, Infections, and Wounds:** The attendee will become familiar with all different surgical options in the management of diabetes, wounds, and infection cases.

**Topics of Interest:** The attendee will gain knowledge and understanding of various topics that the podiatric physician may encounter related to soft tissue, innovations, etc.

**Medicine:** The attendee will become familiar with the current treatment options and advanced therapies in the various medical conditions that present to a podiatric physician.

**Dermatology:** The attendee will gain a better appreciation for the wide array of dermatologic conditions that can present in the skin and nails of the foot. Diagnostic methods and treatment protocols will be reviewed. Indications for biopsy procedures will be discussed in the context of a hands-on workshop that will include the most useful plastic procedures for post-biopsy excisions on the skin of the foot.

--- Disclosure ---

Each speaker is required to disclose any financial or other relationships he/she might have with a manufacturer of any commercial product to be discussed during their presentation, as well as any commercial contribution of the activity. All staff, board of directors, and speakers are required to provide disclosure and written agreement within CPME 720 guidelines. Any such conflict will be announced by the speaker immediately preceding the lecture.

--- Antitrust Policy Statement ---

It is the policy of The Podiatry Institute to comply fully with antitrust laws, both federal and state, and to avoid all conduct which is unlawful, or which may give the appearance of being in conflict with such laws.

--- Accreditation ---

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and **THE MAINE Podiatric Medical Association**. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of **20** continuing education contact hours.

--- Continuing Education Contact Hours ---

Registration and payment does not automatically result in issuance of CECH credits. You must sign in as designated each day to receive CECH credits. Failure to sign-in as designated will result in a loss of CECH credits. Certificates will be emailed in approximately 2 weeks.

While attendance verification certificate states that it is possible to earn up to **20** CECH hours and that The Podiatry Institute has made a good faith effort to monitor attendance, the physician is ultimately obligated to honestly report what he/she has attended to all appropriate bodies, including their licensing boards.
--- CME Sign-In Times ---

**THURSDAY, July 20, 2023**
6:30 AM-7:30 AM  Breakfast, Exhibitors, and Registration
7:30 AM-10:15 AM Rearfoot/Ankle/Trauma sign in (2.75 credits)
10:15 AM-10:45 AM Refreshment Break
10:45 AM-1:00 PM  Rearfoot/Ankle/Trauma cont. sign in (2.25 credits)
1:00 PM  Meeting Adjourns

**FRIDAY, July 21, 2023**
7:00 AM-7:30 AM  Breakfast, visit Exhibitors
7:30 AM-10:30 AM Podiatric Medicine sign in (3.0 credits)
10:30 AM-11:00 AM Refreshment Break
11:00 AM-1:00 PM  Workshops sign in (2.0 credits)
1:00 PM  Meeting Adjourns

**SATURDAY, July 22, 2023**
7:00 AM-7:30 AM  Breakfast
7:30 AM-10:00 AM First Ray Surgery sign in (2.5 credits)
10:00 AM-10:30 AM Refreshment Break
10:30 AM-1:00 PM  First Ray Surgery cont. sign in (2.5 credits)
1:00 PM  Meeting Adjourns

**SUNDAY, July 23, 2023**
7:00 AM-7:30 AM  Breakfast
7:30 AM-9:30 AM Digital and Forefoot Surgery sign in (2.0 credits)
9:30 AM-10:30 AM Risk Management Session sign in (1.0 credits)
10:30 AM-10:45 AM Refreshment Break
10:45 AM-1:00 PM  Digital and Forefoot Surgery cont. sign in (2.0 credits)
1:00 PM  Meeting Adjourns

--- Registration Fees ---

- $565 on or before 7/12/2023
- $340 Retired Podiatrists or Active Military
- $715 after 7/12/2023 or at the door
- $125 Residents with letter from Residency Director

--- Refund Policy ---

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a $75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a “certificate of transfer” will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.

In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.

--- Seminar Evaluations ---

The link to an online survey will be sent to you after the conclusion of the conference. We appreciate you taking the time to complete the survey. We would like to hear what you liked about the conference, what we can do better, and what you would like to learn at future conferences.

--- Intended Audience ---

The Podiatry Institute conferences are open to all podiatric students, residents, and physicians, practicing or retired, and other members of the medical profession.
**THURSDAY — JULY 20**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 – 7:30</td>
<td><strong>Registration</strong></td>
</tr>
<tr>
<td>7:00 – 7:25</td>
<td><strong>Breakfast with Exhibitors</strong></td>
</tr>
<tr>
<td>7:25 – 7:30</td>
<td><strong>Welcome &amp; Introduction</strong></td>
</tr>
</tbody>
</table>

**REARFOOT/ANKLE/TRAUMA**

*Moderator: Rahn A. Ravenell, DPM*

**CME SIGN-IN #1**

2.75 CECHs

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 – 8:30</td>
<td>Progressive Collapsing Foot Deformity: My Evidence Based Approach to Surgery</td>
</tr>
<tr>
<td>8:30 – 8:50</td>
<td>5th Metatarsal Fractures</td>
</tr>
<tr>
<td>8:50 – 9:10</td>
<td>Double Hindfoot Arthrodesis</td>
</tr>
<tr>
<td>9:10 – 9:55</td>
<td>Medial Column Biomechanics and Surgical Implications</td>
</tr>
<tr>
<td>9:55 – 10:15</td>
<td>Equinus: What They Did Not Teach You in School</td>
</tr>
</tbody>
</table>

**10:15 – 10:45** **REFRESHMENT BREAK — VISIT EXHIBITORS**

**REARFOOT/ANKLE/TRAUMA (Continued)**

*Moderator: James L. Thomas, DPM*

**CME SIGN-IN #2**

2.25 CECHs

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:45 – 11:05</td>
<td>Lateral Ankle Instability</td>
</tr>
<tr>
<td>11:05 – 11:30</td>
<td>Tarsal Coalitions: Evaluation and Treatments</td>
</tr>
<tr>
<td>11:30 – 11:50</td>
<td>Peroneal Tendon Disorders</td>
</tr>
<tr>
<td>11:50 – 12:10</td>
<td>Posterior Malleolar Fracture Protocols</td>
</tr>
<tr>
<td>12:10 – 12:30</td>
<td>Subtalar Joint Distraction Arthrodesis</td>
</tr>
<tr>
<td>12:30 – 12:50</td>
<td>Osteochondral Lesions of the Talus Treatment with Juvenile Articular Cartilage</td>
</tr>
<tr>
<td>12:50 – 1:00</td>
<td><strong>QUESTION &amp; ANSWER</strong></td>
</tr>
</tbody>
</table>
**FRIDAY — JULY 21**

7:00 – 7:30 **BREAKFAST WITH EXHIBITORS**

---

**PODIATRIC MEDICINE**

*Moderator: Mickey D. Stapp, DPM*

**CME SIGN-IN #3**

**3.0 CECHs**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 – 7:55</td>
<td>Management of Peripheral Neuropathy</td>
<td>Stapp</td>
</tr>
<tr>
<td>7:55 – 8:10</td>
<td>Risks of NSAIDs</td>
<td>Stapp</td>
</tr>
<tr>
<td>8:10 – 8:30</td>
<td>Interdigital Macerations: Not Just Tinea</td>
<td>Ravenell</td>
</tr>
<tr>
<td>8:30 – 8:50</td>
<td>DVT Mechanisms</td>
<td>Carter</td>
</tr>
<tr>
<td>8:50 – 9:10</td>
<td>DVT Prophylaxis: Indications and Treatment</td>
<td>Carter</td>
</tr>
<tr>
<td>9:10 – 9:55</td>
<td>Perioperative Management of the Foot and Ankle Patient</td>
<td>Stapp</td>
</tr>
<tr>
<td>9:55 – 10:20</td>
<td>Onychodystrophy vs. Onychomycosis</td>
<td>Scherer</td>
</tr>
</tbody>
</table>

10:20 – 10:30 **QUESTION & ANSWER**

---

10:30 – 11:00 **BREAK — VISIT EXHIBITORS**

---

**WORKSHOPS**

*You must attend each workshop to receive full CME credits.*

**CME SIGN-IN #4**

**2.0 CECHs**

11:00 – 12:00 **SKIN CANCER AND BIOPSY WORKSHOP**

*Moderator: William P. Scherer, DPM*

Review of skin cancer, risk factors, basal cell carcinoma, squamous cell carcinoma, malignant melanoma, Kaposi sarcoma, nail unit tumors, soft tissue tumors, statistics, 10-year review from podiatrists diagnosing 15,000 lower extremity malignancies. A comprehensive demonstration and audience hands-on participation of fundamental biopsy indications, best practices, and step-by-step techniques will be covered for punch biopsy, nail unit biopsy, and ulcer biopsy, and tangential biopsy.

12:00 – 1:00 **NEUROPATHY AND SOFT TISSUE BIOPSY WORKSHOP**

*Moderator: William P. Scherer, DPM*

Review of small peripheral neuropathy, statistics, symptoms, diagnosis, NCVT and EMG vs. Epidermal Nerve Fiber Density Biopsy, test results, prognosis, and various treatment options will be presented. Review of common soft tissue masses, and web space infections. A comprehensive demonstration and audience hands-on participation of advanced biopsy indications, best practices, and step-by-step techniques will be covered for epidermal nerve fiber density, fine needle aspiration, incisional biopsy, curettage biopsy, and skin closures.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00–7:30</td>
<td><strong>Breakfast with Exhibitors</strong></td>
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</tr>
<tr>
<td>7:30–7:50</td>
<td>First Ray Surgery <strong>(continued)</strong></td>
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<tr>
<td></td>
<td><strong>FIRST RAY SURGERY</strong></td>
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<td></td>
<td><em>Moderator: Michael C. McGlamry DPM</em></td>
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<tr>
<td>7:30–7:50</td>
<td>The Austin Bunionectomy</td>
<td>McGlamry</td>
</tr>
<tr>
<td>7:50–8:10</td>
<td>It’s Just a Bunion, What Could Go Wrong?</td>
<td>McGlamry</td>
</tr>
<tr>
<td>8:10–8:30</td>
<td>Traditional Bunion Surgery: 70% Recurrence, Fact or Fiction?</td>
<td>Ravenell</td>
</tr>
<tr>
<td>8:30–8:50</td>
<td>Pan Met Head Resection: The Great Equalizer</td>
<td>Camasta</td>
</tr>
<tr>
<td>8:50–9:20</td>
<td>1st MTPJ Arthrodesis: The “Goat” Foot Surgery</td>
<td>DeHeer</td>
</tr>
<tr>
<td>8:20–9:30</td>
<td>Simplified 1st MTPJ Fusion Technique</td>
<td>Carter</td>
</tr>
<tr>
<td>9:50–10:00</td>
<td><strong>QUESTION &amp; ANSWER</strong></td>
<td>PANEL</td>
</tr>
<tr>
<td>10:00–10:30</td>
<td>Break — Visit Exhibitors</td>
<td></td>
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<tr>
<td>10:30–10:50</td>
<td>First Ray Surgery <strong>(continued)</strong></td>
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<td></td>
<td><strong>FIRST RAY SURGERY</strong></td>
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<td></td>
<td><em>Moderator: Steven R. Carter, DPM</em></td>
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<tr>
<td>10:30–10:50</td>
<td>1st MTPJ Arthrodesis: Techniques and Fixation Pearls</td>
<td>McGlamry</td>
</tr>
<tr>
<td>10:50–11:10</td>
<td>TMT Arthrodesis: Where, When, and How</td>
<td>Thomas</td>
</tr>
<tr>
<td>11:10–11:40</td>
<td>Lapidus: Truth Lies, and Misconceptions</td>
<td>DeHeer</td>
</tr>
<tr>
<td>11:40–12:00</td>
<td>Lapidus</td>
<td>McGlamry</td>
</tr>
<tr>
<td>12:00–12:30</td>
<td>Complications of Lapidus</td>
<td>Carter</td>
</tr>
<tr>
<td>12:30–12:45</td>
<td>Plantar Foot Surgery</td>
<td>Stapp</td>
</tr>
<tr>
<td>12:45–1:00</td>
<td><strong>QUESTION &amp; ANSWER</strong></td>
<td>PANEL</td>
</tr>
</tbody>
</table>
Sunday — July 23

7:00 – 7:30  Breakfast

**DIGITAL & FOREFOOT SURGERY**

*Moderator: Craig A. Camasta, DPM*

**CME SIGN-IN #7**

2.0 CECHs

7:30 – 7:50  Management of Predislocation Syndrome  
McGlamry

7:50 – 8:10  Hammertoe Correction with Plantar Plate Repair  
Ravenell

8:10 – 8:30  Plantar Plate Repair: Review of 200 Cases  
Camasta

8:30 – 8:50  2nd MTPJ: Role of 2nd Metatarsal Osteotomy  
Camasta

8:50 – 9:20  Failed 1st MTPJ Implants  
Thomas

9:20 – 9:30  QUESTION & ANSWER  
PANEL

**RISK MANAGEMENT SESSION**

**CME SIGN-IN #8**

1.0 CECH

9:30 – 10:30  Building Your Preoperative Blueprint: Tips for a Successful Surgical Outcomes  
Michael C. McGlamry DPM

This lecture covers risk management issues involved with the surgical patient. The reality is that you cannot have a successful post-operative outcome without informed consent and a thorough pre-operative evaluation prior to surgery. This lecture will help surgeons identify pre-operative risk factors, understand proper documentation tactics, and minimize the liability risks related to surgical patients.

10:30 – 10:45  BREAK

**DIGITAL & FOREFOOT SURGERY (CONTINUED)**

**CME SIGN-IN #9**

2.0 CECHs

10:45 – 11:05  Stop Cutting the Plantar Fascia  
DeHeer

11:05 – 11:25  Cost Effective Technique for Lesser MTPJ Transverse Plane Deformities  
Stapp

11:25 – 11:45  Morton's Neuroma Surgery  
Ravenell

11:45 – 12:05  Pre-Op Consult Considerations  
Carter

12:05 – 12:25  Modern Skin Closure Technique  
DeHeer

12:25 – 12:45  Lesion Directed 5th Toe Surgery  
Stapp

12:45 – 1:00  QUESTION & ANSWER  
PANEL
THE PODIATRY INSTITUTE 2023-2024 SEMINAR SCHEDULE

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42ND ANNUAL RECONSTRUCTIVE SURGERY OF THE FOOT & ANKLE
UPDATE 2023
Joint Provider: San Diego Podiatric Medical Society
Hyatt Regency Mission Bay – San Diego, California
September 21-24, 2023
25 CECHs

33RD ANNUAL SANIBEL CONFERENCE
Hallux Valgus & Related Forefoot Surgery
Sanibel Harbour Marriott – Fort Myers, Florida
November 2-5, 2023
20 CECHs
+5 CECHs available for optional Florida Package Workshop

WINDY CITY PODIATRY CONFERENCE
Current Treatment Options in Podiatric Medicine & Surgery
Joint Provider: Illinois Podiatric Medical Association
Marriott Schaumburg – Chicago, Illinois
December 1-3, 2023
20 CECHs

31ST ANNUAL WINTER CONFERENCE
Cutting Edge Topics & Techniques in Foot & Ankle Surgery
Joint Provider: Utah Podiatric Medical Association
Park City Sheraton – Park City, Utah
February 8-10, 2024
20 CECHs

FRENCH QUARTER CONFERENCE
A Comprehensive Look at Medicine and Surgery for Today’s Podiatrist
Joint Provider: Louisiana Podiatric Medical Association
Astor Crowne Plaza – New Orleans, Louisiana
March 7-10, 2024
25 CECHs

VALLEY OF THE SUN
Challenging Cases & Current Treatment Options in Podiatric Medicine & Surgery
Joint Provider: Arizona Foot and Ankle Medical Association
Marriott Phoenix Tempe at The Buttes – Phoenix, Arizona
April 18-21, 2024
25 CECHs

SURGICAL PEARLS BY THE SEA
Current Trends in Management of Foot, Ankle & Leg Disorders
Joint Provider: Rhode Island Podiatric Medical Association
Newport Marriott – Newport, Rhode Island
April 25-28, 2024
25 CECHs

FOOTPRINTS IN THE SAND
Challenging Cases & Current Treatment Options in Podiatric Medicine & Surgery
Joint Provider: South Carolina Podiatric Medical Association
Hilton Head Marriott Resort & Spa – Hilton Head, South Carolina
June 13-16, 2024
20 CECHs

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