

About Area Attractions

College Park & Hyattsville

College Park, the ultra-cool college town, and her sister city, hip haven Hyattsville, have so much to offer! Home of the **University of Maryland**, College Park is the place for fantastic dining, concerts, shows, and breathtaking green spaces. Just down the road in Hyattsville, find family friendly biking, great street festivals, and an eclectic arts scene nestled into the historic downtown with studios and globe-spanning restaurant options.

Some highlights include the **College Park Aviation Museum** (www.mncppc.org/1593/College-Park-Aviation-Museum) is dedicated to the world's oldest continually operating airfield where Wilbur Wright taught the first military pilots to fly. Take a break at **Lake Artemesia** (www.pgparcs.com/3244/Lake-Artemesia-Natural-Area) and enjoy the aquatic gardens and birdwatching. Picnic on the fishing pier or take a walk on the more than two miles of trails. You may even spot some birds, such as finches, ibis and orioles. Dig into research at the College Park Branch of the **National Archives**, the National Agricultural Library, the Michelle Smith Library for Performing Arts, and the Center for Physics. There are so many ways to play outside in the area. Play disc golf, go for a swim, schedule a tee time, and explore via bicycle. Check out the **Rhode Island Avenue Trolley Trail**, a former streetcar line from Washington DC that is a flat, easy-to-ride trail and a great way to explore the unique neighborhoods and retail options of Hyattsville.

Washington, DC

Don't miss **the memorials**: the Martin Luther King, Jr. National Memorial (www.nps.gov/mlkm); the breathtaking view at the Jefferson Memorial (www.nps.gov/thje); the Korean War Memorial with its lifelike rows of troops (www.nps.gov/kowa); the Vietnam Veterans Memorial, a somber sight with names engraved in its black granite (www.nps.gov/vive), and the Lincoln Memorial (www.nps.gov/linc).

Visit **Capitol Hill** and see the Library of Congress, the world's largest library, and the Supreme Court. To the

east lies a neighborhood of fine Victorian row houses, diverse restaurants and boutiques. Wander over to the beautifully restored Union Station (www.unionstationdc.com) for more shopping and dining.

Some of the **top museums** include the National Museum of Health and Medicine (www.medicalmuseum.org); the United States Holocaust Memorial Museum (www.ushmm.org); the National Air and Space Museum and Einstein Planetarium (www.airandspace.si.edu); and the International Spy Museum (www.spymuseum.org). Don't miss the **Smithsonian** museums, world-class attractions with a variety of exhibits ranging from a 3.5 billion-year-old fossil to the Apollo lunar landing module. Admission to all Smithsonian museums is free, including the National Air and Space Museum, National Museum of Natural History, National Postal Museum and the National Zoo. With 19 museums and galleries, there truly is something for everyone (www.si.edu).

More **unique stops** include the Arlington National Cemetery (www.arlingtoncemetery.mil), with the changing of the guard at the Tomb of the Unknown Soldier, the eternal flame, the Women in the Military Memorial, and the view from Robert E. Lee's house; Ford's Theater and The Peterson House (www.fords.org), where President Lincoln was shot, and the house where he died; the National Archives (www.archives.gov), where you can view the Declaration of Independence, the Bill of Rights, and the Constitution; the Washington National Cathedral (cathedral.org), known as the spiritual home for the nation; and the Bureau of Engraving and Printing (moneyfactory.com).

Various **tours** of DC are available, including self-guided walking tours through Cultural Tourism DC (www.culturaltourismdc.org), which include Civil War to Civil Rights and Neighborhood Heritage Trails of U Street; and Washington Walks (www.washingtonwalks.com), where guides reveal the stories and sites from U Street to Georgetown and Embassy Row's Beaux-Arts grandeur to the most haunted houses.

Visit www.washington.org and www.visitmaryland.org for more information on attractions and activities!



About The Podiatry Institute

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role

in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

Special thanks to our

2021 Corporate Sponsors

for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

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This is a PICCA approved risk management seminar. PICCA

Mid-Atlantic Podiatric Medical Assn. (Region 8)

PRESENTED WITH JOINT PROVIDER

October 15-17
College Park Marriott Hotel & Conference Center

Mid-Atlantic

2021 Mid-Atlantic Podiatry Conference



THE PODIATRY INSTITUTE
2675 North Decatur Road
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FRIDAY October 15

7:00 AM **BREAKFAST WITH THE EXHIBITORS**

7:20 AM **WELCOME TO THE 2021 MID-ATLANTIC PODIATRY CONFERENCE**

7:30 AM **PODIATRIC POTPOURRI**

The Dreaded Intractable Plantar Keratoma
Etiological Considerations of Charcot Neuroarthropathy
Disposable Negative Pressure Wound Therapy: Cases, Tips, and Tricks
Use of Epinephrine in Foot Surgery
Soft Tissue Fixation: Are You Really Anchored?
Gout Update
Diagnosis and Treatment of Common Nail, Skin, Nerve Pathology
Question & Answer

10:00 AM **BREAK — VISIT EXHIBITS**

10:45 AM **WORKSHOPS**

NOTE: YOU MUST ATTEND A WORKSHOP TO RECEIVE FULL CME CREDITS. THERE WILL BE A SEPARATE SIGN-IN SHEET FOR EACH WORKSHOP.

Hands-on workshops featuring the latest techniques and technologies:

2021 Podiatric Dermatology Update — “Hands-On” Biopsy Workshop

Moderator: William Scherer, DPM

NOTE: THIS IS A TWO-HOUR WORKSHOP!

CPR Training Course

Limited to 25 participants. You must be pre-registered and there is an additional charge for this workshop.

NOTE: THIS IS A TWO-HOUR WORKSHOP!

12:45 PM **LUNCH & LEARN**

A Biologic Approach to Treat Uncontrolled Gout with Tophi

Sponsored by Horizon Therapeutics

This is a non-CECH lecture.

1:30 PM **WOUND CARE**

Back To Basics: Healing the Diabetic Foot Wound

DFU: Treating the Whole Patient, Not Just the Hole in the Patient

Role of Regenerative Medicine in Diabetic Foot Ulcers

DFU: Giving Patients What They Deserve

High Yield Surgery for Diabetic Limb Salvage

Question & Answer

3:30 PM **BREAK — VISIT EXHIBITS**

4:15 PM **PANEL DISCUSSION**

Foot and Ankle Surgery Complications

Panel: Roland S. Ramdass, DPM, FACFAS et al.

6:15 PM **FRIDAY SESSION ADJOURNS**

UP TO 20 CECHS

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and **Mid-Atlantic Podiatric Medical Association (Region 8)**. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of **20** continuing education contact hours.

College Park Marriott Hotel & Conference Center

Located on the University of Maryland campus, the **College Park Marriott Hotel & Conference**



Center offers visitors redesigned accommodations and thoughtful amenities. Recharge in elegantly designed rooms and suites. Work out in the 24-hour fitness center or indulge in delicious American

cuisine at the recently reimagined restaurant and bar. A refreshing stay awaits you!

3501 University Blvd. East, Hyattsville, MD 20783

888.236.2427 or 301.985.7300

*(mention **The Podiatry Institute** for special rate)*

Rate: \$114 King / \$134 2 Queen Size

(plus tax, subject to change without notice)

Register online via the link on the Mid-Atlantic page at www.podiatryinstitute.com

A block of rooms has been reserved and will be held until it is full or **September 22, 2021**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable October 14-17, 2021 (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders

678.689.0176

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

SATURDAY October 16

7:00 AM **BREAKFAST WITH THE EXHIBITORS**

7:30 AM **CHALLENGING RECONSTRUCTIVE SURGERY**

Biopsy Considerations for Soft Tissue Tumors
Tarsal Tunnel Syndrome
Surgical Treatment Considerations for Neglected Lisfranc Soft-Tissue Injuries
Deformity Correction Principles in EVERYDAY Foot and Ankle Surgery
Surgical Repair of Delayed Achilles Ruptures
Lessons Learned in Charcot Reconstruction
Peroneal Tendon Injuries
Split Tibialis Anterior Tendon Transfers
Question & Answer

10:20 AM **BREAK — VISIT EXHIBITS**

11:00 AM **FIRST RAY AND FOREFOOT SURGERY**

Evolution on Staples for 1st MTPJ Arthrodesis
1st MTPJ Implants: Yay or Nay
1st MTPJ Implants: The Good, The Bad, The Ugly
Minimally Invasive Approach to Lesser Toe Deformities
How to Get the Most Out of Your Dermatopathologist
Question & Answer



1:00 PM - **CPR Training Course**

3:00 PM
Limited to 25 participants. You must be pre-registered and there is an additional charge for this workshop.

NOTE: THIS IS A TWO-HOUR WORKSHOP!

1:00 PM **LUNCH & LEARN**

JUBLIA® (efinaconazole) Topical Solution, 10%, for the Treatment of Onychomycosis

with Tracey C. Vlahovic, DPM

Sponsored by Ortho Dermatologics

This is a non-CECH lecture.

1:45 PM **FIRST RAY SURGERY**

Minimally Invasive Bunionectomy
1st MTPJ Arthrodesis for Hallux Valgus
Pushing the Limit of the Distal Chevron Bunionectomy
MIS Cheilectomy
What Our Patients Wished We Told Them About Bunion Surgery
Hallux Varus
Lapidus
Question & Answer

4:30 PM **BREAK — VISIT EXHIBITS**

5:15 PM **RISK MANAGEMENT SESSION**

Let's Talk Risk – Protecting Your Reputation and Your Livelihood

Healthcare is a customer service industry and your practice will live or die based on the quality of care provided, and the daily interactions between the physician, staff and patients. Excellent customer service involves meeting and surpassing patients and their families' expectations. It means showing the customer how important he or she is to you and the business, by interacting with them in a friendly, helpful, and positive way. We will discuss strategies which your practice can implement, that will assist you and your staff in dealing with difficult, demanding and non-compliant patients.

Note: There will be a separate sign-in for this lecture.

6:15 PM **SATURDAY SESSION ADJOURNS**

Conference Objectives

At the conclusion of the conference, the participant should be able to:

Trauma: The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

Forefoot: The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

Hallux Valgus: The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

Diabetic Foot: The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

Heel and Hindfoot: The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

Medicine & Topics of Interest: The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.

SUNDAY October 17

7:30 AM **BREAKFAST**

8:00 AM **TOPICS OF INTEREST**

Covid Skin Manifestations
Update on Antifungal: How to Taper
Inflammatory Skin Disorders
Pulse Dye Laser to Treat Recalcitrant Verucca and Porokeratomas
Lower Extremity Peripheral Nerve Injury-Part 1: Concepts of Assessment and Classification
Lower Extremity Peripheral Nerve Injury-Part 2: Current Treatment Options
Question & Answer

10:00 AM **BREAK**

10:15 AM **TOPICS OF INTEREST (CONTINUED)**

Keloids and Hypertrophic Scars:
Success of Intralesional Steroid Injections
Neuroma Treatments and Complications
Osteochondrosis and Freibergs Disease
Disappearing Nail Bed
Surgical Treatment Considerations for Neglected Lisfranc Soft-Tissue Injuries

12:30 PM **CONFERENCE ADJOURNS**

Distinguished Faculty

SCIENTIFIC COMMITTEE

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**Tracey C. Vlahovic, DPM,
FFPM RCPS (Glasg)**
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*Assistant Professor, Department
of Orthopaedics, University of
Maryland School of Medicine,
Baltimore, Maryland*

Asim A.Z. Raja, DPM
Fort Bragg, North Carolina



UPCOMING CONFERENCES

**NOV 4-7, 2021
SANIBEL**

**Hallux Valgus & Related
Forefoot Surgery**
The 30th Annual
Sanibel Conference

**DEC 3-5, 2021
CHICAGO**

**Windy City
Conference**
with Illinois Podiatric
Medical Association

**FEB 3-5, 2022
PARK CITY**

**The 29th Annual
Winter Conference**
with Utah Podiatric
Medical Association

**APR 21-23, 2022
PHOENIX**

**Valley of the Sun
Conference**
with Arizona Foot and Ankle
Medical Association

**APR 28 - MAY 1, 2022
NEWPORT**

**Surgical Pearls
by the Sea**
with Rhode Island Podiatric
Medical Association

**JUN 23-26, 2022
HILTON HEAD**

**Footprints in the
Sand Conference**
with South Carolina Podiatric
Medical Association

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.



Mid-Atlantic Conference Registration

OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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The Podiatry Institute is a non-profit educational foundation that offers a variety of programs including conferences, work-shops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit www.podiatryinstitute.com

- \$565 on or before 9/3/21
- \$615 9/4/21 thru 10/1/21
- \$715 after 10/1/21 or at the door **(Credit Card ONLY)**
- \$340 Retired Podiatrists or Active Military
- \$125* Student or Resident with letter from Residency Director
**DOES NOT APPLY TO CADAVER WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.*
- Special Seminar Rate for **APMA Young Members.** Call 888.833.5682.
- Food functions are open to registered attendees only.** Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 2 lunches and 5 breaks.

_____ # OF ADULTS (\$200 EACH)
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WEBINAR REGISTRATION ONLY

- \$565 Webinar on or before 9/3/21
- \$615 Webinar 9/4/21 thru 10/1/21
- \$715 Webinar after 10/1/21
- \$340 Webinar Retired Podiatrists or Active Military
- FREE Webinar Student/Resident Registration

CPR Training Course REGISTER EARLY AS SPACE IS LIMITED!

- \$75 10/15/21, 10:45 AM-12:45 PM
- \$75 10/16/21, 1:00 PM-3:00 PM

\$ _____
MID-ATLANTIC TOTAL

CHOOSE ONE OF FOUR EASY WAYS TO REGISTER

ONLINE	PHONE	FAX	MAIL
(BEFORE 10/1/21)	888.833.5682	404.508.8539	The Podiatry Institute
www.podiatryinstitute.com	or 770.939.0393		2675 N Decatur Rd, Ste 309
			Decatur, GA 30033-6132

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Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ First Name for Name Tag _____

Email _____
(YOU MUST PROVIDE EMAIL ADDRESS TO RECEIVE CONFIRMATION AND CME CERTIFICATE)



PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION, PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.

MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE M/C VISA AX DISC

Card # _____ Exp. Date _____
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Signature _____ Date _____

REGISTER FOR A 2021 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2021 SEMINAR

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS. DOES NOT APPLY TO EXHIBITOR REGISTRATION OR CADAVER SURGICAL SKILLS COURSES. **CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.**

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.

